

P.E Curriculum Map

COMPLETE P.E

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Year 1</u>	<p>Games Ball Skills - Hands</p> <p>The unit of work will develop pupils' sending and receiving skills, applying and developing understanding of where we send a ball and why.</p> <p>Pupils will combine their sending and receiving skills to keep possession. Pupils will explore stopping with the ball.</p>	<p>Gymnastics Body Parts</p> <p>The unit of work will develop pupils' ability to apply 'champion gymnastics' as they explore movements and balances on big and small body parts in wide, narrow and curled ways on the floor and on apparatus.</p> <p>Pupils will transition between the theme words as they link movement together developing sequences.</p>	<p>Games (Attack and Defence) Games for Understanding</p> <p>The unit of work will develop pupils' ability to apply simple principles of attack vs defence, with a particular focus on creating simple tactics in order to win the game.</p> <p>Pupils will develop their understanding of how, where and why to attack and defend in a game.</p>	<p>Games Playing Games</p> <p>The focus of the learning is for pupils to understand why we need to listen to the instructions when playing a game.</p> <p>Pupils will understand why we need to follow the instructions (rules) of a game and begin to understand what the consequences are if we do not follow the instructions.</p>	<p>Locomotion – Running</p> <p>The focus of learning is to explore running.</p> <p>Pupils will explore running using different body parts and different techniques and begin to understand how to run efficiently.</p>	<p>Ball Skills - Feet 1</p> <p>The unit of work will develop pupils' ability to apply effective dribbling skills.</p> <p>Pupils will develop their understanding of why we need to be accurate when kicking (passing) a ball. Pupils will be able to collaborate and work together in a team.</p>
<u>Year 2</u>	<p>Games Ball Skills - Hands</p> <p>The unit of work will challenge pupils to combine their developing their dribbling, passing and receiving skills to keep possession and score a point.</p>	<p>Gymnastics Linking What do pupils remember from year 1?</p> <p>The focus of the learning is to apply 'champion gymnastics' to explore different movements that pupils can link together while travelling along a variety of pathways.</p>	<p>Games (Attack and Defence) Games for Understanding</p> <p>The unit of work will challenge pupils to create simple attacking and defensive tactics, while continuing to develop an understanding of the transition from defence to attack. Pupils will apply these tactics as a team into games.</p>	<p>Games Creating Games</p> <p>Pupils will use their imagination to create games when playing on their own and with a partner.</p> <p>Pupils will learn how to collaborate when creating games, by taking turns to listen and share their ideas with a partner.</p>	<p>Locomotion - Jumping</p> <p>The focus of the learning is to consolidate pupils jumping and to apply an effective jumping technique in a variety of games.</p> <p>Pupils will understand how to apply the correct technique for jumping, skipping and hopping in games.</p>	<p>Ball Skills - Feet 1</p> <p>The unit of work will challenge pupils to apply their knowledge of dribbling, passing and receiving to keep possession as a team and score a point.</p>

<p>Year 3</p>	<p>Games (Invasion) Netball</p> <p>The unit of work will explore how to apply the principles of attack vs defence, with a particular focus on passing and moving.</p> <p>Pupils will learn how to keep possession and eventually score in order to win a modified game.</p>	<p>Gymnastics Symmetry and Asymmetry</p> <p>The unit of work will focus on exploring movements and balances in symmetrical and asymmetrical ways.</p> <p>Pupils will create sequences starting with their symmetrical balance on apparatus, moving out of it and travelling to a new piece of apparatus and ending in their asymmetrical balances applying flow.</p>	<p>Games Principles of Attack & Defence (Handball)</p> <p>The unit of work will explore how to apply the principles of attack vs defence, with a particular focus on passing and moving, dribbling and shooting.</p> <p>Pupils will learn how to keep possession and eventually score in order to win a modified game.</p>	<p>Games (Net/Court) Tennis</p> <p>The unit of work will explore how to apply the principles of attack vs defence in order to win a game of tennis.</p> <p>Pupils will understand where and why we throw/hit the ball on the court and be introduced to basic shot techniques.</p>	<p>Athletics</p> <p>The unit of work will explore how we can use our bodies to run as fast as possible, exploring the correct technique individually and within teams.</p> <p>Pupils will also begin to examine how to jump as far as possible and compare throwing accurately with throwing for distance.</p>	<p>Games (Invasion) Hockey</p> <p>The unit of work will explore how to apply the principles of attack vs defence, with a particular focus on passing and moving and dribbling.</p> <p>Pupils will learn how to keep possession and score to win a modified game.</p>
<p>Year 4</p>	<p>Games (Invasion) Basketball</p> <p>The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the court, creating an attack that results in a shooting opportunity.</p>	<p>Gymnastics Levels and Direction</p> <p>The unit of work will focus on pupils using and applying an understanding of levels and direction to create and perform sequences in groups.</p> <p>Pupils will create their sequences, combining both changes in level and direction, with balances and using a range of apparatus.</p>	<p>Games Principles of Attack & Defence (Handball)</p> <p>The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the court, creating an attack that results in a shooting opportunity.</p>	<p>Games (Striking/Fielding) Cricket</p> <p>The unit of work will develop pupils ability to apply the principles of attack vs defence in a cricket context. Pupils will develop a range of more advanced fielding skills to keep the batter's score as low as possible. Pupils will also develop their batting skills to outwit the fielders and score as many runs (points) as possible.</p>	<p>Athletics</p> <p>The unit of work will develop pupils' ability to develop their own sprinting technique, analysing their own performance. Pupils will compare sprinting to running for distance and pacing. The unit will introduce throwing for distance with javelins and explore the triple jump.</p>	<p>Games (Invasion) Football</p> <p>The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the pitch, creating an attack that results in a shooting opportunity.</p>

<p>Year 5</p>	<p>Games (Invasion) Tag Rugby</p> <p>The unit of work will challenge pupils to apply their prior learning of passing and moving, learning how to execute different passes and understanding where, when they are used in a game. Pupils will be able to develop tactics for both attacking and defending and apply these successfully within their team.</p>	<p>Gymnastics Flight</p> <p>The unit of work will enable pupils to explore a variety of jumps and know how to take off and land safely when jumping. Pupils will work in groups to create sequences, combining a variety of jumps on apparatus with changes in level, direction, canon and unison all incorporated into the sequence.</p>	<p>Games Principles of Attack & Defence (Handball)</p> <p>The unit of work will challenge pupils to apply their prior learning of passing and moving to create attacks that result in a shooting opportunity. Pupils will develop tactics for attacking and defending and apply these successfully within their teams.</p>	<p>Games (Net/Court) Tennis</p> <p>The unit of work will challenge pupils to apply their prior learning of playing the ball into space. Pupils will begin to develop their ability to serve and to volley. Pupils will create tactics in a doubles game to score points and win the game.</p>	<p>Athletics</p> <p>The unit of work will challenge pupils to consolidate their knowledge, understanding and ability to sprint effectively, individually and within a team. Pupils will be able to develop their technique for throwing a shot putt and explore and develop an understanding of how to hurdle safely.</p>	<p>Games (Invasion) Hockey</p> <p>The unit of work will challenge pupils to develop an understanding of the rules of hockey and will start to take responsibility for officiating their own games. Pupils will develop tactics for attacking and defending and apply these successfully within their team.</p>
<p>Year 6</p>	<p>Games (Invasion) Tag Rugby</p> <p>Pupils will consolidate their understanding of attacking and defending. Pupils will create tactics for both attack and defence and apply them into game situations, adapting them when necessary.</p>	<p>Gymnastics Creating Sequences</p> <p>The unit of work will challenge pupils' creativity as they use and apply their understanding of the different themes and concepts, they have learnt throughout KS2. Pupils will work in groups to create sequences using different 'challenge cards' using both the floor and apparatus.</p>	<p>Games Principles of Attack & Defence (Handball)</p> <p>Pupils will consolidate their understanding of the principles of attack and defence. They will consistently apply a range of effective passes, in order to keep possession and score. Pupils will in turn apply pressure when defending to regain possession quickly.</p>	<p>Games (Striking/Fielding) Cricket</p> <p>Pupils will consolidate their knowledge, understanding and ability to effectively apply a range of fielding skills, batting skills and tactics into mini games.</p>	<p>Athletics</p> <p>The unit of work will challenge pupils to apply their knowledge, understanding and skills into a series of competitions. Pupils will experience competition across all of the different areas of athletics that they have explored. Pupils will have to work hard individually to apply the correct technique as well as collaborating in teams.</p>	<p>Games (Invasion) Football</p> <p>Pupils will learn to consistently apply effective attacking skills, applying decision making in order to keep possession and score. Pupils will in turn apply pressure when defending to regain possession effectively.</p>

