

## **WEEK 1 MENU**

WEEKS, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03



Fresh Fruit Pot

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Sweetcorn and Pepper Pizza Served with Baked Potato Wedges, Peas & Sweetcorn	Thai Chicken Curry Served with Fragrant Rice & Medley of Green Vegetables	Beef Bolognaise served with Spaghetti, Homemade Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, and Gravy	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans
MEAT FREE	Margarita Pizza Served with Baked Potato Wedges, Peas & Sweetcorn	Roasted Butternut Squash & Spinach Thai Curry Served with Fragrant Rice & Medley of Green Vegetables	Vegetable & Lentil Bolognaise served with Penne Pasta, Homemade Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage and Gravy	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly



## **WEEK 2 MENU**

WEEKS: 02/12, 06/01, 27/01, 24/02, 17/03



Fresh Fruit Pot

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Chili Con Carne Served With Yellow Rice, Tortilla Chips & Seasonal Vegetable	Marinated Jerk Chicken Served With Rice & Peas, Mixed Vegetable	Italian Meatball in a Rich Tomato Sauce Served with Pasta & Mixed Vegetables	Roast Turkey served with Roast Potatoes, Carrots, Broccoli and Gravy	Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans
MEAT FREE	Traditional Macaroni Cheese Served with Whole meal Garlic & Herb Bread, Seasonal Vegetables	Sweet Potato & Black Bean Jerk Curry Served With Rice & Peas, Mixed Vegetable	Italian Vegan Meatball in a Rich Tomato Sauce Served with Pasta & Mixed Vegetables	Cauliflower, Broccoli Lentil Cheese Bake Served with Roast Potatoes, Carrots, Broccoli and Gravy	Vegan Sausage Roll served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Iced School Cake Fruity Jelly



## **WEEK 3 MENU**

WEEKS: 09/12, 13/01, 03/02, 03/03, 24/03



Fresh Fruit Pot

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Moroccan Chicken, Vegetable & Chickpea Tagine Served with Crusty Whole meal Bread	Turkey Tikka Served with Rice, Naan Bread Finger and Mixed vegetable	Beef Lasagna Served with Homemade Garlic Bread & Mixed Vegetables Or Fresh Salad	Chicken Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Fish Fingers Served with Chips, Garden Peas or Baked Beans
MEAT FREE	Cheese & Tomato Pinwheels Served With Jacket Potato Wedges & Mixed Vegetable	Vegetable Tikka Served with Rice, Naan Bread Finger and Mixed vegetable	Tex Mex Vegan Mince & Cheese Burrito Served With Mixed Vegetables Or Fresh Salad	Quorn Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Oat Cake Fruity Jelly