

JOIN US AT SOUTHGATE HOCKEY CLUB



HOCKEY TOTS

Fun and Interactive outdoor sessions for children 2-6 years old, introducing them to hockey and team sports.

Every Sunday at 9am.

 @southgatehockeytots

JUNIOR HOCKEY

Training, matches and tournaments for all age groups and all levels from U8's to U18's with our coaching team.

Every Sunday from 9am.
Every Thursday from 6pm.

 @southgatejuniorhockey



BACK TO HOCKEY

For anyone wanting to try out hockey as a first timer or return after time out from the sport.

Every Saturday at 9am.

 @southgatehockeyclub



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SUMMER LEAGUE

Men's and Women's social but competitive leagues available, all abilities welcome!

Week night evenings over the Summer.

 @southgatehockeycentre

MEN'S LEAGUE

We have 10 Men's teams with our first XI in the Premier Division, our M2 - M7 in London League and a thriving Master's section with O50's and O60's.

Season runs Sept-Apr.

 @southgatehockeyclub



WOMEN'S LEAGUE

We have 5 Women's teams with our first XI in Division 1 South and our W2 - W5 in London League. We have a growing Master's offering from 35+.

Season runs Sept-Apr.

 @southgatehockeyclub



1886

SOUTHGATE HC

TRY FOR FREE OVER THE SUMMER

SOUTHGATE JUNIOR HOCKEY

HOCKEY OFFERED FROM AGE 6-18

SUMMER HOCKEY FROM MAY
THURSDAY EVENINGS FROM 6PM
SUNDAY MORNINGS FROM 9AM

HOCKEY FOR
EVERYONE

JOIN US

INSTAGRAM : @SOUTHGATEHOCKEYCLUB
TWITTER : @SOUTHGATEHC
WEBSITE : WWW.SOUTHGATEHC.ORG.UK

KEEN TO JOIN FOR A SESSION?
EMAIL : CHRIS.PEARCE.SHC@GMAIL.COM TO SIGN UP.

TRY FOR FREE OVER THE SUMMER

THURSDAYS

18H00-19H00 - U10 & U12

19H00-20H30 - U14 & U16

SUNDAYS

09H00-10H30 - U8, U10 & U12

10H45-12H30 - U14

12H45-14H30 - U16 & U18

**HOCKEY FOR
EVERYONE**



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