



RECEPTION

HOME LEARNING

THURSDAY 8TH JULY 2021

Remember what's important!

Be together

Play together

Talk together



Maths activities

Counting activities: estimating

Make a collection of lots of small things, like a set of Lego bricks, or a set of pasta shapes

Ask your grown up to estimate how many things there are. You have a guess too!

Then count how many by grouping in 10s and ones.

Was your estimate more or less than the actual total?
Who was closest?

Grouping and counting

Find 8 objects and 2 toys

How many different ways can you share out the objects between the 2 toys? Can you record your results?

Try with 7 objects and 9 objects

Now find 6 objects and play a game with your grown up:

Have the 6 objects in front of you, then secretly take some away (Grown up must shut their eyes and not cheat!). Hide the objects you have taken. Your grown up then looks at the remaining objects and tries to work out how many you have taken away.

Then swap places - your turn to shut your eyes!

Why not make your own number cards to use in your number activities? You need: 1 grown up, paper or card, pens, numbers to look at (numbers are everywhere!).

Your grown up can make one set of numbers up to 10
You can make the other set of numbers up to 10.

Then play 'snap' or 'pairs' with your numbers, or use them for adding and taking away.

Phonics

Can you write a list of rhyming words for:

spell rock stick

Here are a few rhyming pairs to get you started:

spell bell
rock sock
stick pick

Why not make your own spell?

Find some items to put in your spell

Maybe you could draw a picture to show how you made it.

Then don't forget to write down the ingredients, and your magic words!

Try out your spell on members of your family.

Did it work! Can you reverse your spell?

Here are some mixed up nursery rhyme sentences to sort out!

You could write the words yourself (good handwriting practise!) then cut them up and stick them on paper in the right order. Don't forget to make spaces between the words

Jack hill. up Jill and the went

fell and broke Jack. crown. his down

Miss sat on Muffet Little tuffet. a

frightened Muffet Miss away. And

Literacy & Phonics: Jack and the Beanstalk activities

- Watch Rubina's video and follow the story on the story map.



- Every time you watch the story, see if you can join in with some of the actions
- Act out the story! Have a go at acting as different characters in the story. You could be the hairy scary giant and chase your family members! Or you could imagine that you are Jack's mum chopping down the beanstalk to rescue Jack!

Literacy & Phonics: Jack and the Beanstalk activities cont...

- Draw pictures for the story. Have a go at drawing the hairy scary giant and labelling his features!
- Read some words from the story:

2 sounds: **on cow off pay**

3 sounds: **Jack food see big top took**

4 sounds: **next coins down**

Sight words: **a I the to you no his**

he me

(Challenge!)

2 syllable words: **market morning golden**

- Write some of these words. Ask your grown up to say the word, then have a go at sounding out the word by yourself. Don't worry if you cannot write all the sounds - just have a go!

Jack and the Beanstalk Story Script

Once upon a time (*open palms*) there was a boy called Jack, who (*rotate index finger*) lived with his mother. They had no (*palm from left to right*) money. They only had a cow. They sold the cow's milk to buy food

One day the cow had no (*palm from left to right*) more milk

So (*roll hands forward and open as if giving*) Jack's mother said 'take this cow to the market, sell her, and bring me the money'

The next (*rotate thumb left to upright*) day, Jack set off for the market, and on the way he met an old man.

'I will take your cow' said the old man. 'And I will pay you with these beans'

'I don't want beans' replied Jack

'Ah, but these beans are **magic** beans!'

Jack was excited (*excited looking spread palms, moving around!*) to hear that the beans were magic, so he took them, and gave the cow to the old man

When Jack got home his mother was **angry!** (*'claw like' hands, rotating*)

'We cannot buy food with these beans!' she shouted, and threw the beans away.

The next (*rotate thumb left to upright*) morning (*touch shoulder left to right*) Jack was astonished (*hands fly up to side of face in surprise*) to see a huge (*hands joined by finger and thumb moving outwards*) beanstalk growing up into the sky as far as he could see!

He decided to find out what was at the top of the beanstalk. He climbed (*alternate hands, climbing action*) and he climbed and he

Jack and the beanstalk

climbed, up through the clouds, until he reached an enormous *(hands joined by finger and thumb moving outwards)* castle.

He knocked on the door....

A woman answered the door.

'Don't come inside!' she warned 'A hairy scary giant lives here!'

'But I am so tired' *(big yawn)* replied Jack 'Please let me come in and rest for a while'

So the woman let him in and made him hide in one of the kitchen cupboards.

At that moment *(3 emphatic outward palm movements)* the ground began to shake and Jack could hear a voice shouting:

'FEE FI FO FUM, I smell the blood of an Englishman. If he's alive or if he's dead I'll grind his bone to make my bread!'

Jack was very frightened. *(curled hand moving up and down quickly near heart)* He stayed very still *(downward palm moving slowly downwards)* and quiet in the cupboard.

The hairy scary giant ate an enormous *(hands joined by finger and thumb moving outwards)* meal, then *(thumb clockwise)* he sat down and took out a big bag of golden coins. He began to count the coins

Next *(thumb clockwise)* the hairy scary giant yawned a big toothy yawn, and fell asleep.

Jack crept bravely out of the cupboard. He grabbed the bag of golden coins. It was so-o-o heavy! *(fingers touching then dropping down quickly)* He began to carry it towards the door, but the jangling of the golden coins woke up the hairy scary giant!

Jack and the beanstalk

As Jack started to climb (*climbing action*) down the beanstalk he could hear a voice thundering behind him:

FEE FI FO FUM I smell the blood of an Englishman. If he's alive or if he's dead I'll grind his bones to make my bread!

Jack climbed down the beanstalk as fast as he could, but the hairy scary giant was getting closer and closer....

Finally (*left hand chop right little finger*), Jack looked down and saw his mother at the bottom of the beanstalk

'Quick – get the axe!' he yelled

As soon as Jack reached the ground, his mother chopped through the beanstalk. And that was the end of the hairy scary giant! Jack and his mother were safe, and they lived happily ever after

YOGA

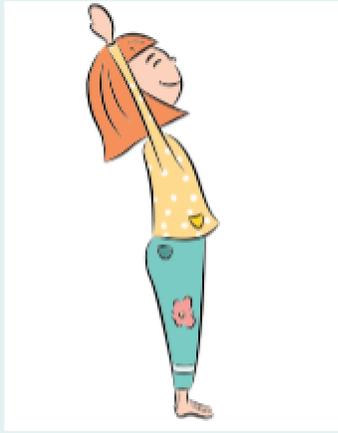
Tadasana

Mountain pose

Step 1 Stand tall, with your toes touching and feet slightly apart. If it is more comfortable, you may keep your feet a few inches apart.

Step 2 Press your shoulders back, and straighten your arms beside your torso.

Step 3 Breathe deeply, and hold this pose for 5 deep breaths, or as long as you are comfortable.



Virabhadrasana

Step 1 Begin in Mountain Pose

Step 2 Step your feet wide apart and stretch your arms out to either side, palms facing down.

Step 3 Turn one foot, so it is pointing to the side, then bend your knee on that leg.

Step 4 Look beyond your fingertips for a 5 deep breaths.

Step 5 Straighten your front leg, then turn your toes back to facing forward.

Step 6 Now switch to your opposite side!



Childs Pose

Step 1 Kneel on the floor, touching your big toes together.

Step 2 Sit back on your heels, and separate your knees hip-width apart.

Step 3 Slowly bring your head down, and rest it on the floor in front of you.

Step 4 Rest your hands comfortably by your side.

Step 5 Relax and breathe. You can stay in this pose as long as you would like.



Marjaryasana

Step 1 Begin in Table Pose.

Step 2 Round your back towards the ceiling and look at your belly.

Step 3 Follow with Cow Pose for a gentle yoga flow.



BRAIN BREAK

Scrumptious Flapjack Recipe

You will need:

- 6 cups of rolled oats
- 1 cup brown sugar
- 1 cup of butter
- 1/2 cup raisins
- 8 dessert spoons of golden syrup

What you need to do:

1. Melt the butter, syrup and sugar together in a saucepan.
2. Mix in the oats and raisins.
3. Tip the mixture into two square tins and press down lightly with the back of a spoon.
4. Bake at 175°C for about 30 minutes.
5. Cut into slices while still warm but leave in the tin until cold.
6. Enjoy your flapjacks.



How to build a bottle basking shark

You will need:

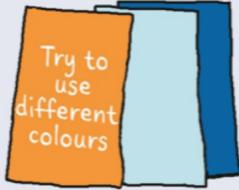
- Washed out plastic bottle*



- Sticky tape



- Coloured paper or card



- Permanent marker pen



- Scissors



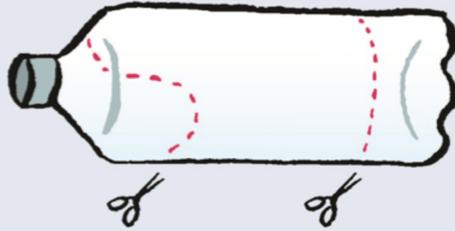
- Garden cane



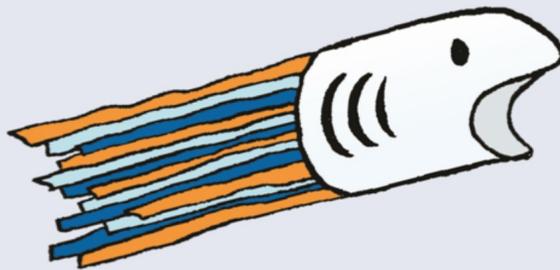
- A helpful adult

*Use an old plastic bottle for this, and always recycle after use.

- 1 Ask an adult to help you to cut off the ends of the plastic bottle, and shape the shark's head.



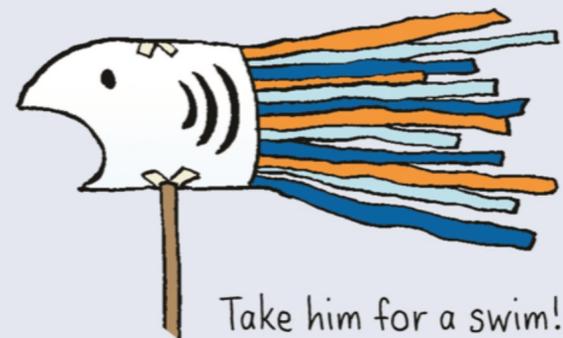
- 3 Draw on eyes and gill slits.



- 2 Cut up the coloured paper or card into long strips of different colours and lengths. Tape to the back of the shark's head. You could have two layers, inside and outside



- 4 Ask an adult to help you to poke a hole through the top and bottom, and push a cane through, taping in place.



Take him for a swim!

How to make a ladybird

You will need

- CD



- Red wool



- Googly eyes



- Glue



- Red and black paper

- Pencil



- Scissors



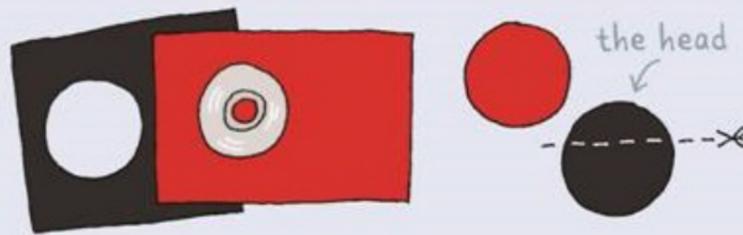
- Ruler



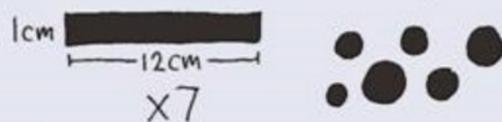
You can also make a buzzing bee, or a creeping spider!



- 1 Use the CD as a template to draw a circle on the red and black paper. Cut out both circles, then cut off the bottom two-thirds of the black circle.



- 2 Cut out seven strips of black paper (six for legs and one for the body) and small circles for the ladybird's spots.



- 4 Now for the glueing - stick things down in the following order...



Attach the six legs to the CD.



Stick your red circle down on top.



Glue your black strip down the centre, and then the black third of a circle to the top of the CD.



Add the black spots onto the body.

Finally, stick on the googly eyes.

Use the loop of wool to hang it up!

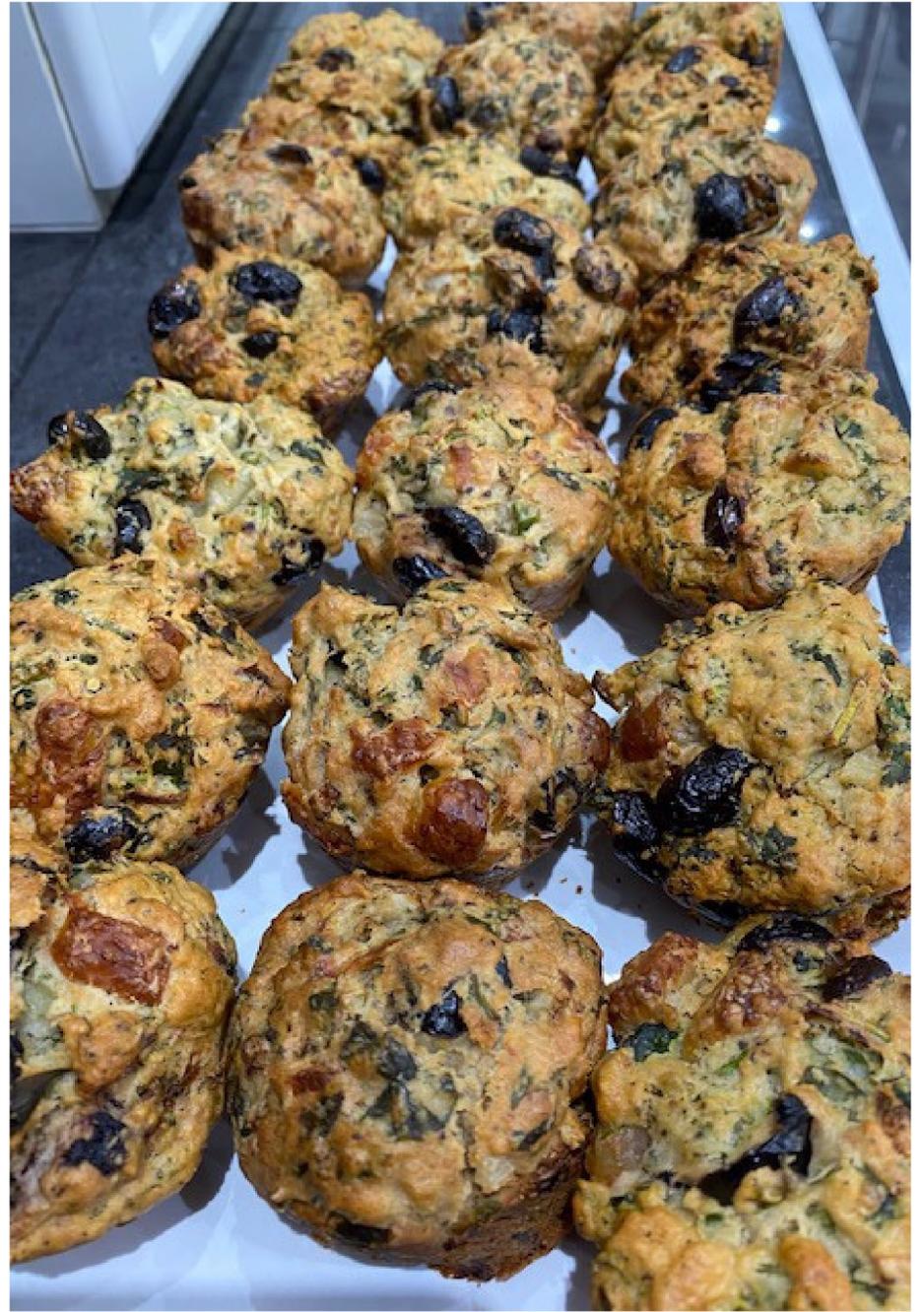
- 3 Thread the wool through the middle of the CD and tie it in a loop.



Pinar's Olive Muffin Recipe

Ingredients:

- 3 cups of self-raising flour
- 3 tsp of baking powder
- 1 $\frac{1}{2}$ cup of pitted black olives
- 2-3 onions
- 1 cup of plain yoghurt
- $\frac{3}{4}$ cup of olive oil
- 2 eggs
- Handful of dried mint
- Half a bunch of chopped coriander
- 1 block of halloumi cheese
(optional)



Method:

1. Add 3 cups of flour into a mixing bowl
2. Crack 2 eggs and add to the mixture
3. Pour in $\frac{3}{4}$ cup of olive oil and mix
4. Add 1 $\frac{1}{2}$ cup of black pitted olives
5. Finely dice 2-3 onions and add/mix
6. Add 1 cup of plain yoghurt, finely sliced coriander and a handful of dried mint
7. Slice one block of halloumi into small cubes and add in
8. Add 3 heaped teaspoons of baking powder and stir
9. Roll into small balls using hands and add to muffin tray
10. Place in oven 200 c for 30 minutes

Let's get moving

Cosmic yoga:

Make your own sandwich and pretend you are eating it on the moon.

What do you see while having your lunch?

<https://www.youtube.com/watch?v=nRKojdFPjJI>

Otis Boogie Beebies-Zoom to the Moon

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-five-little-men-in-a-flying-saucer/z6qgscw>

Five little men in a flying saucer

BBC Teach > School Radio > EYFS > Nursery Rhymes and Songs > All Nursery Rhymes and Songs A to Z

