



RECEPTION

HOME LEARNING

WEDNESDAY 7TH JULY 2021

Remember what's important!

Be together

Play together

Talk together



Maths: Estimating

Find different containers around your home.

Can you use a cup to estimate (sensibly guess) how many cups of water will fill each container? Now fill up the containers!

Were your estimates accurate?

Think about how you might record your estimates and results!

You can make a chart like the one below...

Item to fill	How many cups of water do you think it takes to fill the container?	Result
 Clear plastic cup		
 Small bowl		
 Plastic cup		
 Empty jam jar		
 Milk bottle		

Maths Challenge!

Pinar has 8 biscuits. She gives 5 biscuits to Rubina. How many biscuits does Pinar have left?



Tessa saw 5 ducks at the boating lake. 3 swam away. How many ducks were left?



Natalie bought 10 books. She gave 5 of them to Anne. How many books is she left with?



Literacy/Phonics

Yesterday, Anne read the story
'The Big Red Bath'.

Below are some activities to try at
home, which link to the story:

What animals or toys do you like to
put in the bath? Use your sounds to
make a list.

Here is an example:

1. duck
2. cup
3. shark
4. doll



Now can you write a sentence?

Here are some examples:

The duck is in the bath.

I like to play with my duck in the
bath.

YOGA

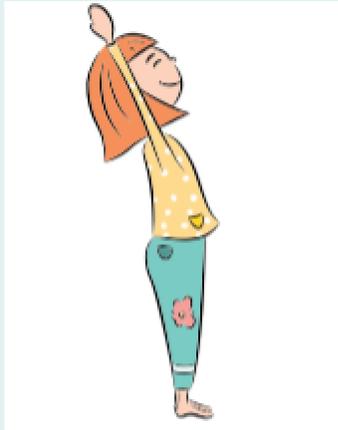
Tadasana

Mountain pose

Step 1 Stand tall, with your toes touching and feet slightly apart. If it is more comfortable, you may keep your feet a few inches apart.

Step 2 Press your shoulders back, and straighten your arms beside your torso.

Step 3 Breathe deeply, and hold this pose for 5 deep breaths, or as long as you are comfortable.



Virabhadrasana

Step 1 Begin in Mountain Pose

Step 2 Step your feet wide apart and stretch your arms out to either side, palms facing down.

Step 3 Turn one foot, so it is pointing to the side, then bend your knee on that leg.

Step 4 Look beyond your fingertips for a 5 deep breaths.

Step 5 Straighten your front leg, then turn your toes back to facing forward.

Step 6 Now switch to your opposite side!



Childs Pose

Step 1 Kneel on the floor, touching your big toes together.

Step 2 Sit back on your heels, and separate your knees hip-width apart.

Step 3 Slowly bring your head down, and rest it on the floor in front of you.

Step 4 Rest your hands comfortably by your side.

Step 5 Relax and breathe. You can stay in this pose as long as you would like.



Marjaryasana

Step 1 Begin in Table Pose.

Step 2 Round your back towards the ceiling and look at your belly.

Step 3 Follow with Cow Pose for a gentle yoga flow.



BRAIN BREAK

Make a Treasure Map

Follow the instructions below to make a pirate treasure map:

1. Place three tea bags in a large bowl and soak in water.

2. Wipe the tea bags across a piece of plain paper to stain it, or use a paint brush.

3. Let the paper dry.

4. Once the paper is dry, draw a treasure map on it.

Challenge: Can you now write a set of instructions to tell the pirate how to find his treasure? Use the sentence starters to help write the instructions.

First	Next	Then	After	Finally
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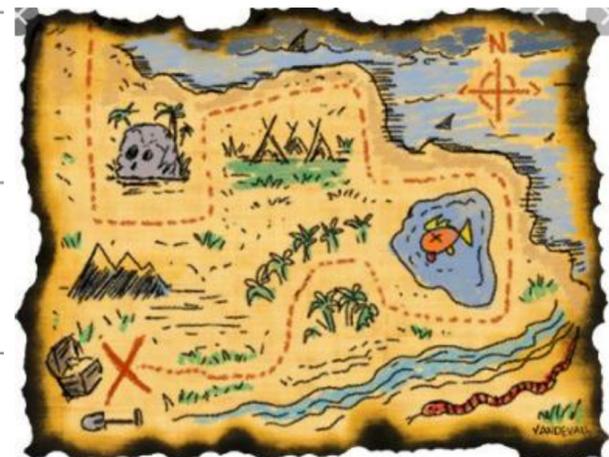
1.

2.

3.

4.

5.



Let's get moving!

Warm-up activities:

Command	Action
Jumping Bean	Jump on the spot for 10 seconds
Runner Bean	Run on the spot for 20 seconds
Broad Bean	Stretch your arms and legs out as wide as you can
Baked Bean	Lay on the floor in a star shape until the next command is given.
Jelly Bean	Move around the room slouching and doing silly movements
	Wobble like a jelly
Chilly Bean	Shiver and shake
Frozen bean	Stand very still!
Bean Sprouts	Stand on tiptoes and make yourself as tall and thin as possible
Baked Beans on Toast	Lie flat on the floor, spreading arms and legs out as far as possible
French Beans	Strike a pose and shout "Bonjour!"

Main activity: put on some music and learn a dance routine with your family. Keep practising and get ready to show us next week!



Singing with Elena

Use the link below to access
our weekly singing session
with Elena!

[https://www.youtube.com/watch?
v=UyiqZN5K2pg](https://www.youtube.com/watch?v=UyiqZN5K2pg)



Reception **Singing**
Session - w/c 05.07.21

Reception **Singing** Session - w/c
05.07.21

youtu.be

Make a Butterfly Feeder

What you will need:

A small jar or plastic container
Wool or strong string to tie the jar
outside

Half of an orange

Bright coloured flowers (the brighter
the better!)

Take photos of any butterflies that
visit you!

Can you draw a picture of the
butterflies you see?



Creative Recycling

Use some recycled household items (e.g. shoes boxes, plastic bottles and milk cartons) to create a castle like the one Jack visits at the top of the beanstalk!

