



RECEPTION

HALF TERM ACTIVITY PACK

15TH FEBRUARY - 19TH FEBRUARY

Remember what's important!

Be together

Play together

Talk together



Counting game



START

Do 5 star jumps.

Count from 1 to 10 in a loud voice.

What is 1 more than 6?

Go forward 2 spaces.

How many fingers do you have?

Hop 10 times.

What is 1 more than 5?

How many legs does a hen have?

Count backwards from 10 to 1.

Count from 1 to 10 with your eyes closed.

FINISH

Stand on one leg whilst counting to 10.

Clap 9 times.

Miss a turn.

Count from 1 to 10 in a quiet voice.

What is 1 more than 2?

What is 1 less than 8?

How many legs does a horse have?

What is 1 less than 9?

You will need:
2 counters and 1 dice.

Put your counters on the **Start** line. Shake a dice and count your steps as you move around the board. When you land on a square, follow the instructions or answer the question. The winner is the first player to pass the **Finish** line.



Maths Scavenger Hunt

Can you find:

Something that is heavier than you?

Something that is lighter than a book?

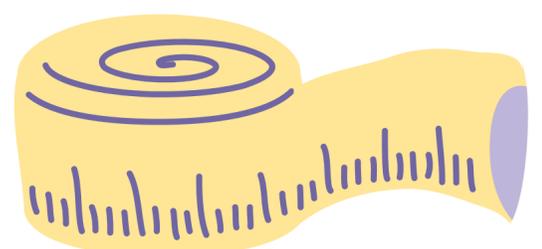
Something that is longer than your finger?

Something that is shorter than your finger?

Something that is full?

Something that is empty?

Something taller than your bedroom door?



Chinese New Year

Chinese New Year marks the start of a new lunar year and falls in January/February. In 2021 Chinese New Year begins on 12 February. It is celebrated with gifts, fireworks and dragon and lion dances. It ends on the 15th day with a lantern festival. This year is the year of the OX.

Have a go at writing 'Happy New Year' in Chinese

新年快乐

Xīn

nián

kuài

lè!

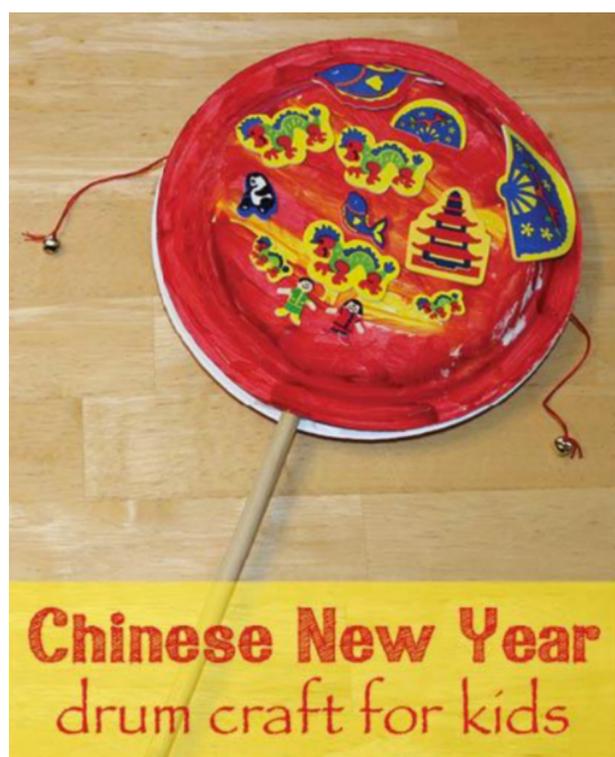


Chinese New Year

A young member of the Chinese community in the UK tells us about the festival of Chinese New Year and why she enjoys it so much. Use the weblink below to Watch the video:

<https://www.bbc.co.uk/cbeebies/watch/chinese-new-year>

Using the same link, you can also watch the 'Chinese and Lunar New Year Story'.



<https://www.giftofcuriosity.com/chinese-new-year-drum-craft-for-kids/>

Use the link above to find out how to make a Chinese paper drum.

YOGA

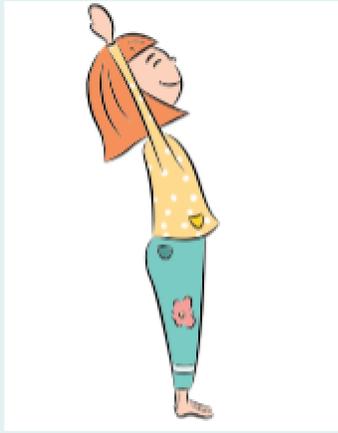
Tadasana

Mountain pose

Step 1 Stand tall, with your toes touching and feet slightly apart. If it is more comfortable, you may keep your feet a few inches apart.

Step 2 Press your shoulders back, and straighten your arms beside your torso.

Step 3 Breathe deeply, and hold this pose for 5 deep breaths, or as long as you are comfortable.



Childs Pose

Step 1 Kneel on the floor, touching your big toes together.

Step 2 Sit back on your heels, and separate your knees hip-width apart.

Step 3 Slowly bring your head down, and rest it on the floor in front of you.

Step 4 Rest your hands comfortably by your side.

Step 5 Relax and breathe. You can stay in this pose as long as you would like.



Virabhadrasana

Step 1 Begin in Mountain Pose

Step 2 Step your feet wide apart and stretch your arms out to either side, palms facing down.

Step 3 Turn one foot, so it is pointing to the side, then bend your knee on that leg.

Step 4 Look beyond your fingertips for a 5 deep breaths.

Step 5 Straighten your front leg, then turn your toes back to facing forward.

Step 6 Now switch to your opposite side!



Marjaryasana

Step 1 Begin in Table Pose.

Step 2 Round your back towards the ceiling and look at your belly.

Step 3 Follow with Cow Pose for a gentle yoga flow.



BRAIN BREAK

Make Potato Stamps



Please note, adult assistance is required!

Did you know that you can make stamps using potatoes!?

What you need:

1. Potatoes
2. A sharp Knife
3. Cookie cutters
4. A paper towel
5. Plain white paper or white fabric
6. Tempera or poster paint
7. A paintbrush
8. A paper or plastic disposable plate for the paint.



Instructions:

Use the link below to find out how to make your potato stamps.

<https://www.youtube.com/watch?v=EK2wVin0EYQ>

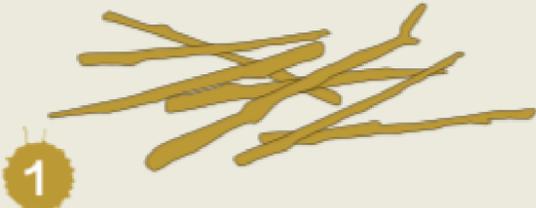


Twig rafts
Use twigs, grass, fallen petals and leaves to build your raft

Twig rafts

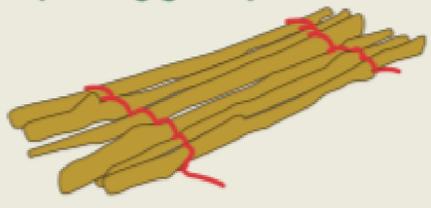
You will need:

- Twigs
- Long grass or string
- Fallen petals
- Leaves

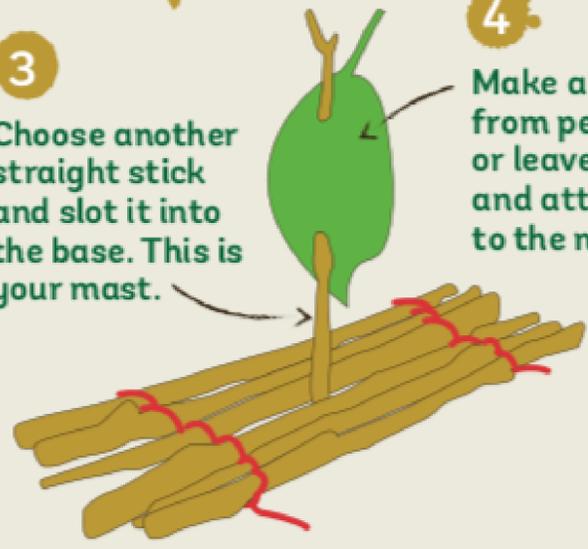


1 Collect some twigs that are about the same length.

2 Place them in a line and secure them together using the string (or long grass).



3 Choose another straight stick and slot it into the base. This is your mast.



4 Make a sail from petals or leaves and attach it to the mast.



Always take care around water!

5 Try your raft out on a puddle or pond. Does it float?

Try adding pebbles to your raft – how many can it carry before it sinks?

Feel free to copy and share this for personal and educational use – and don't forget there are loads more brilliant activities to download on our website!
woodlandtrust.org.uk/naturedetectives | 0330 333 5301 | naturedetectives@woodlandtrust.org.uk
f Search for 'nature detectives' | #NatureDetectives

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Image: WTM

Puddle Painting



What you need:

- *Vegetable or baby oil
- *Food colouring
- *Small containers (for mixing)
- *A spoon
- *Paper

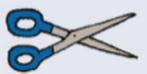
What to do:

1. Put a little bit of oil into each of your containers
2. Add a few drops of food colouring and stir
3. Tip your coloured oil onto your puddle
4. Lay your paper over your puddle
5. Peel off the paper and leave to dry

Enjoy your puddle printed picture! :)

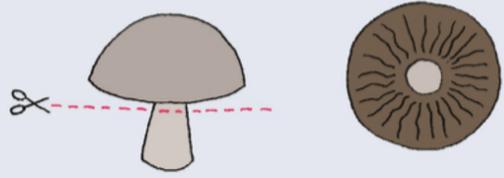
Make a mushroom spore print

You will need:

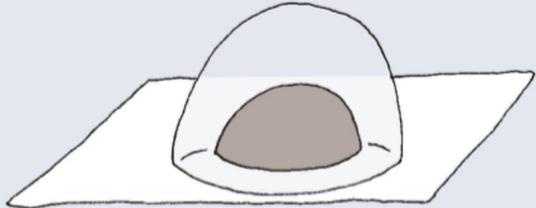
- A mature (fully grown) mushroom 
- Scissors 
- White paper 
- Glass bowl 
- Hairspray 

Avoid using mushrooms that are shriveled, bruised or appear old.

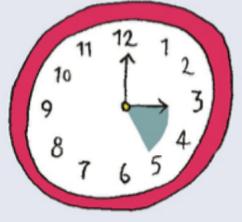
1 Cut the stem off the mushroom, so only the cap remains.



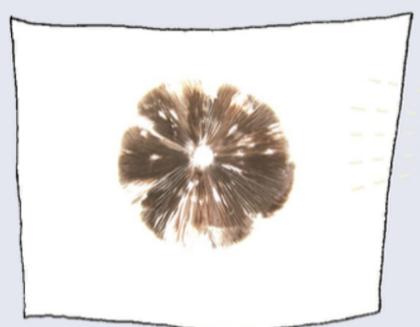
2 Place the cap on a piece of paper, gill side down. Cover the mushroom with the glass bowl.



3 Leave your mushroom for approximately two hours to allow its spores to fall onto the paper.



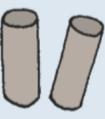
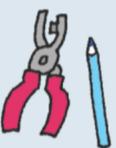
4 When you think it is ready, remove the bowl and view your print. Spray the print with several coats of hairspray to protect it.



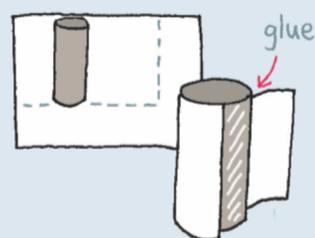
Remember to be careful as some mushrooms may be poisonous!

Make your own binoculars

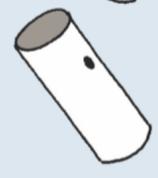
You will need

- Two cardboard tubes (you can use toilet roll tubes) 
- String 
- Paper 
- Scissors 
- Glue 
- Rubber band 
- Hole puncher or pen 
- Felt tip pens (optional) 

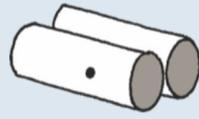
1 Cut your paper to size, then cover your tubes with glue and wrap the paper around them.



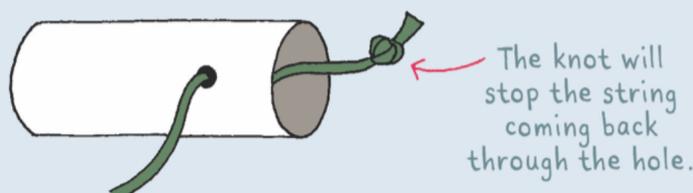
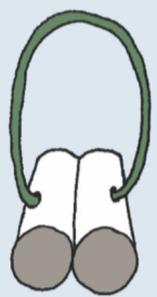
2 Using a pen or hole puncher, insert a hole at the side of each tube, about a third of the way down.



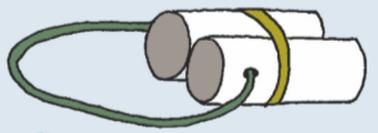
3 Glue the two tubes together so that the holes are facing the outside.



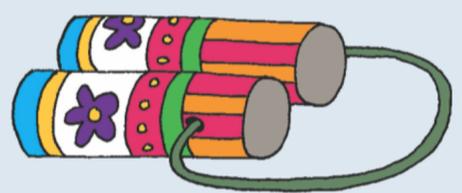
4 Insert string into one of the holes from the outside of the tube. Bring it through the tube and tie a chunky knot. Gently pull the string back from the outside. Repeat on the other side.



5 Place a rubber band around the tubes to help the glue set. Leave to dry over night.



6 Remove the elastic band and then decorate them with pens!



7 Go wildlife detecting!



Sugar Crystal Sparkler Experiment

Method

1. Before the activity, pour a cup of very hot water (just-boiled water works best so an adult should do this step) into the jug.
2. Add a cup of sugar to the mixture, a spoonful at a time and stir the mixture until all the sugar dissolves. As the water is still very hot, this step is best do to before children participate in the experiment.
3. Carefully pour the mixture into the clean jar.
4. Add a few drops of food colouring to the mixture and stir.
5. Dip the skewer into the warm mixture and then sprinkle some extra sugar onto the wet end of the skewer and leave it to dry.
6. Once the mixture in the jar has cooled, attach a clothes peg to the clean end of the skewer and balance it on the jar, so that the sugary end of the skewer is in the sugary mixture.
7. Leave the jar in a warm place for a few days and watch as sugar crystals develop on the end of the skewer, making a sugar crystal sparkler!

You will need:

Very hot water

Jug

Spoon

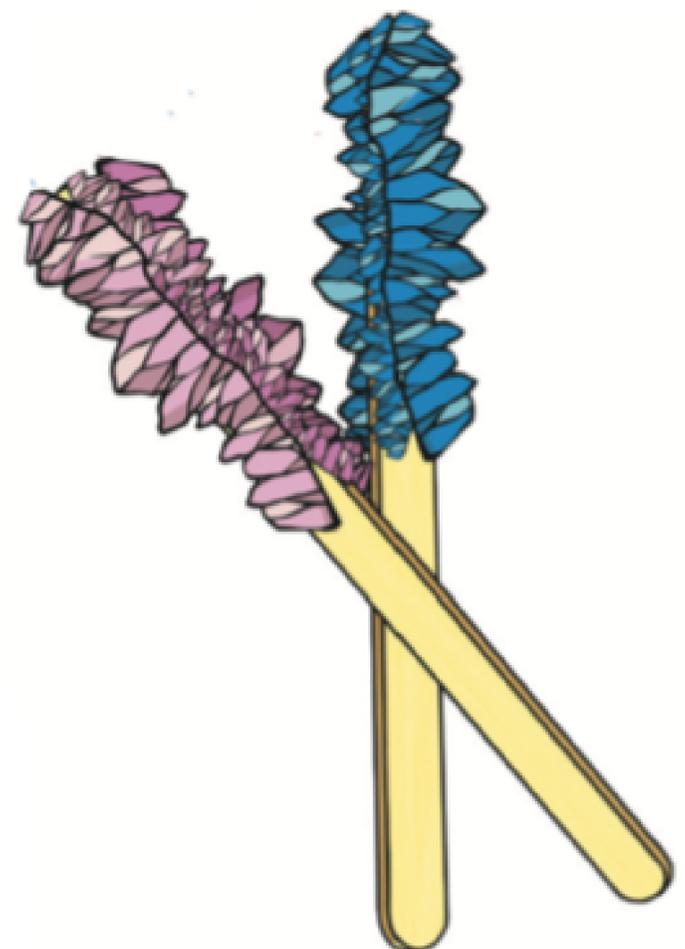
Wooden skewer (blunt if possible)

Sugar

Food colouring

Jar

Clothes peg



Make Star Biscuits

Ingredients:

- 100g butter
- 50g caster sugar
- 175g plain flour
- A few drops of vanilla extract

Equipment:

- Bowl
- spoon
- Rolling pin
- Star cookie cutter
- Baking tray



Method:

1. Preheat the oven to 150°C.
2. Add butter and sugar in a bowl and mix well until light and fluffy.
3. Add the vanilla, mix, then add the flour and mix well.
4. Using a rolling pin, roll the mixture out to about 5mm thick and use a cookie cutter to cut into star shapes.
5. Grease your baking tray with butter and place the cookies on the tray.
6. Bake for 25 minutes or until golden brown.

Enjoy!

Star counting!

Each year, CPRE The Countryside Charity asks the nation to help measure light pollution in their area by getting starry-eyed with us and counting visible stars. Ready to help out and have fun?

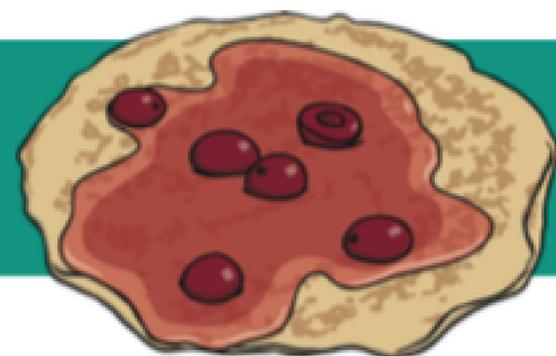
Follow the link to join in with star counting week:

<https://www.cpre.org.uk/what-we-care-about/nature-and-landscapes/dark-skies/star-count-2021/>





Pancake Recipe



Ingredients

100g plain flour
300ml milk
2 eggs
1tbsp caster sugar
Lemon juice

Equipment

Sifter
Large mixing bowl
Kitchen scales
Measuring jug
Measuring spoons
Wooden spoon
Frypan
Spatula
Stove

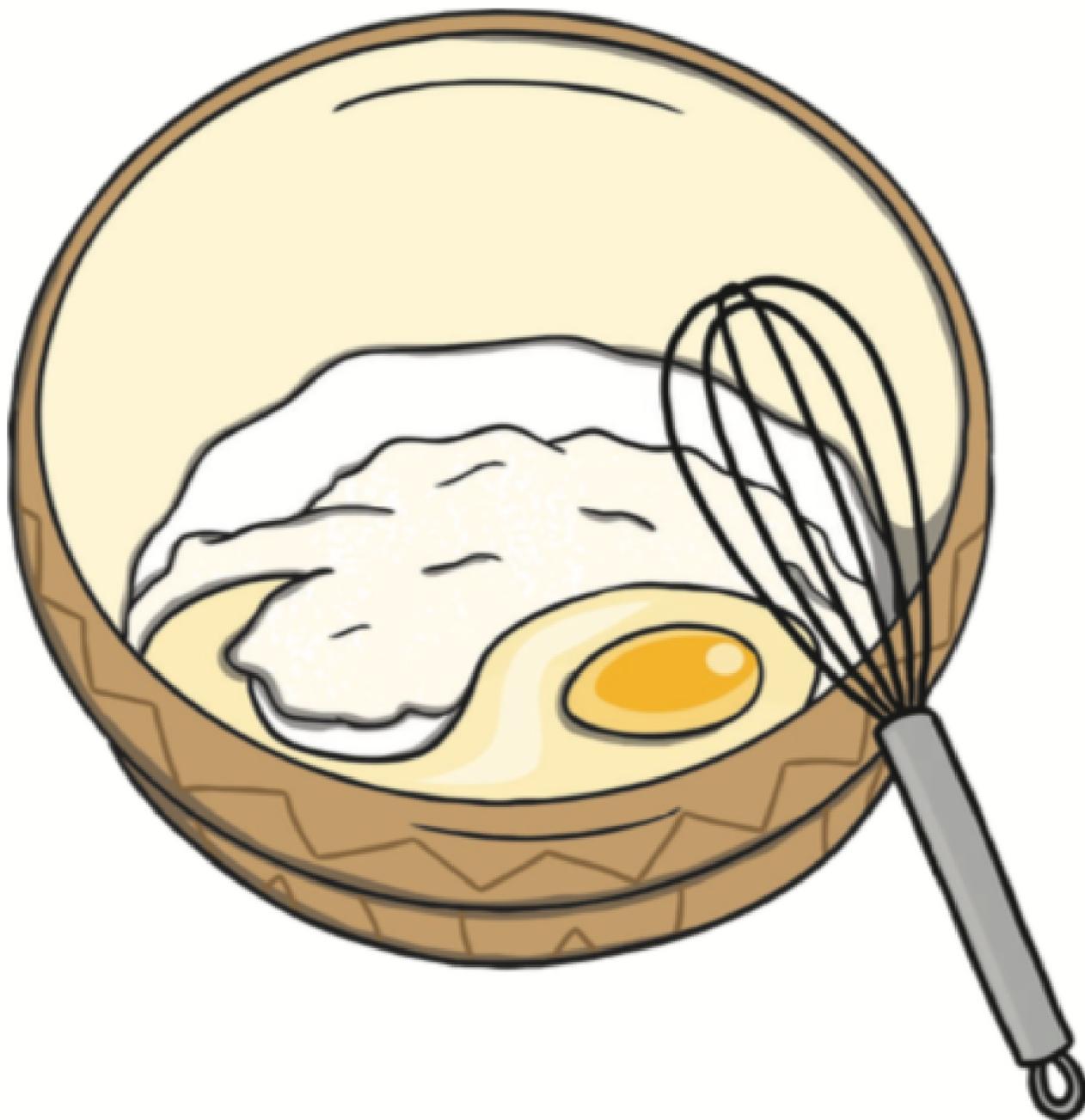
Method

1. Sift the flour into the mixing bowl.
2. Crack the eggs into the bowl.
3. Pour the milk into the bowl.
4. Stir vigorously until smooth.
5. Pour a spoonful of the mixture into a hot frypan (you may want to use oil).
6. Turn the pancake when the bubbles begin to pop.
7. Serve sprinkled with lemon juice and sugar.

Mix a Pancake

(Teach this as a rhyme or choose your own tune. Try making up your own actions to the rhyme!)

Mix a pancake,
Stir a pancake,
Pop it in the pan.
Fry a pancake,
Toss a pancake,
Catch it if you can!



10 Minute Shake Up games

Change4Life and Disney have teamed up to bring you play-along games inspired by your favourite Disney and Pixar characters. These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day!

Get moving with these great Shake Up games!



Beauty and the Beast



Zootropolis



Frozen



Toy Story 4

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

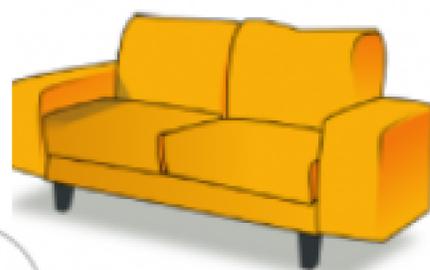
Alphabet Hunt

Look around your home and try and find something that begins with each letter of the alphabet. ASK your grown-up to help you write a list of the items you find or if you are feeling confident, have a go at using your phonics knowledge to write all the words yourself.

clock



plant



sofá

table



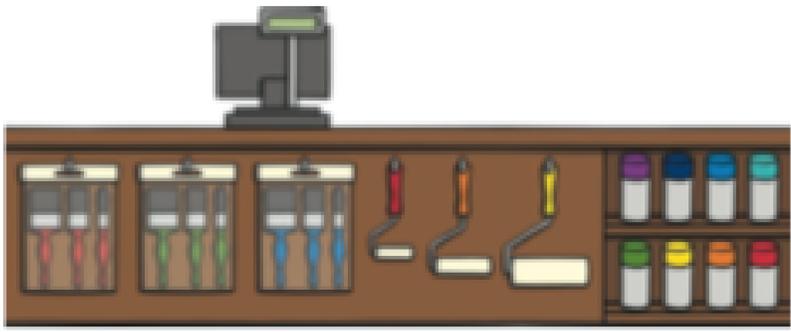
Rhyming word Dominoes

This fun, rhyming pairs game is a great way to teach rhyme in the early years. Each card has a child-friendly illustration as well as a word to support children in recognising the rhyming pairs.

How to play:

First, show your child the rhyming dominoes. Together, sound talk some of the words on the dominoes. Encourage your child to share out the dominoes and to place his or her domino down first. Read the words together, e.g. 'On this domino, we have 'man' and 'pet'. If you think you have a word on one of your dominoes that rhymes with one of these words, please hold it up.' Help your child to sound talk their domino words and to listen for the words that rhyme. Take turns, encouraging your child to join in and repeat the rhyming words.

Cut out the Domino strips on the following pages and enjoy playing the game!

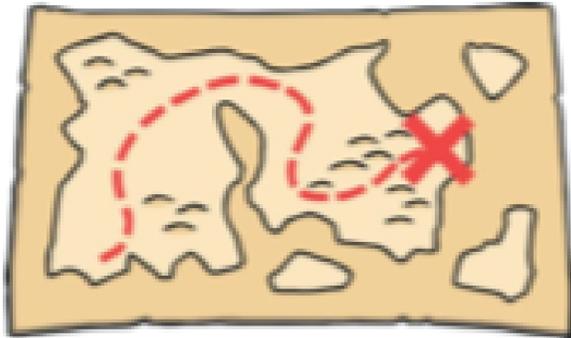


shop

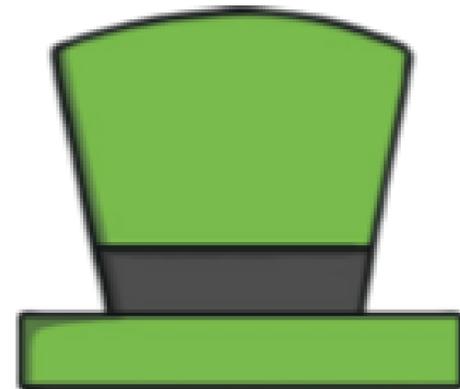


tap

twinkl.com



map

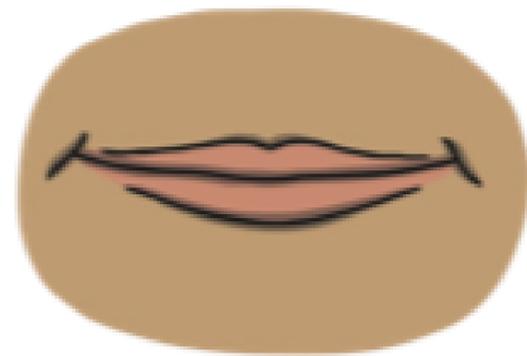


hat

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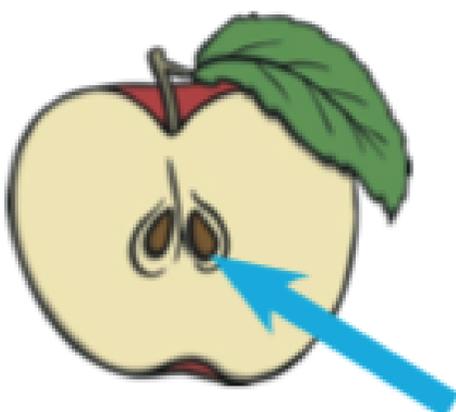


cat



lip

twinkl.com

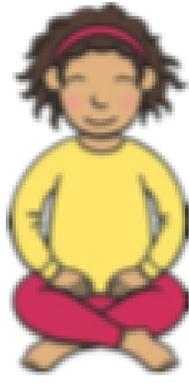


pip



kit

twinkl.com

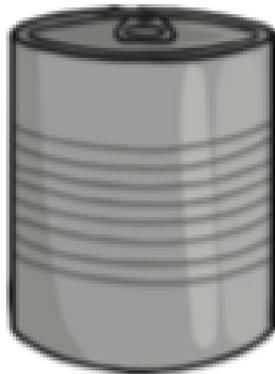


sit

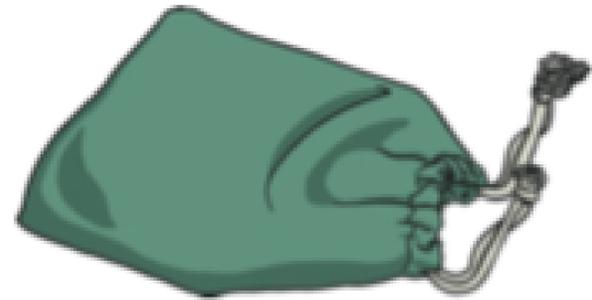


pan

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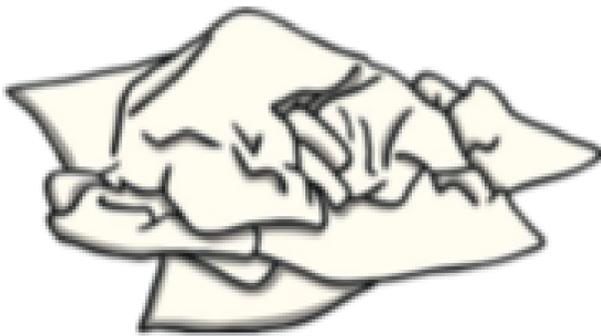


can

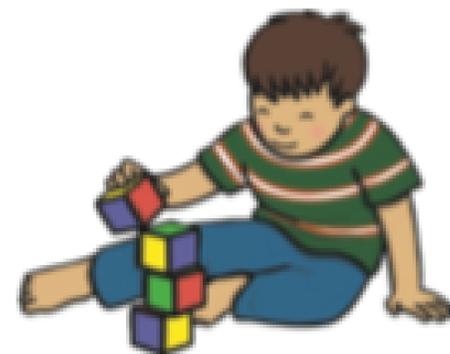


bag

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rag



Sam

twinkl.com



Pam



dad

twinkl.com

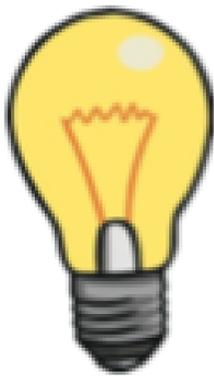


sad



Tim

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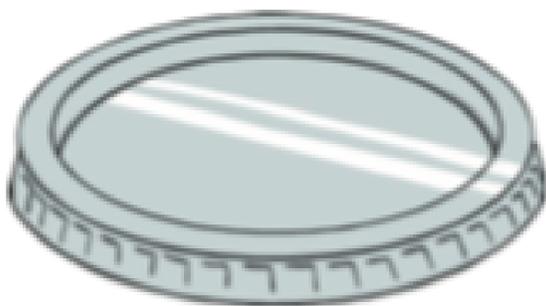


dim

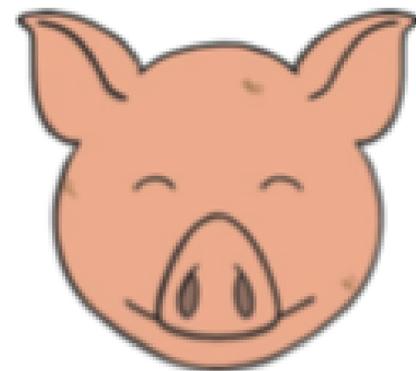


kid

twinkl.com



lid



pig

twinkl.com



dig

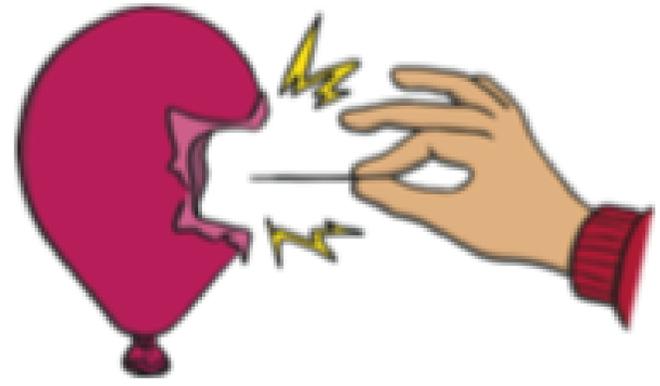


pot

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cot

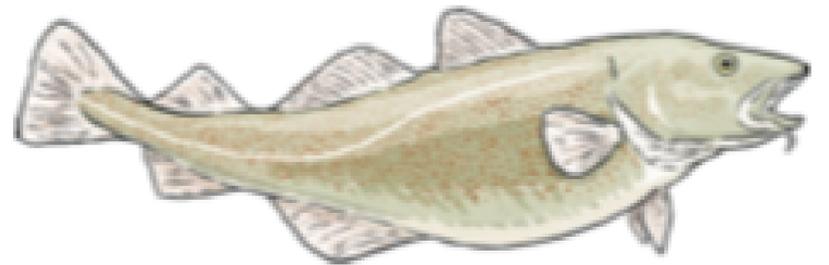


pop

twinkl.com



top



cod

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rod

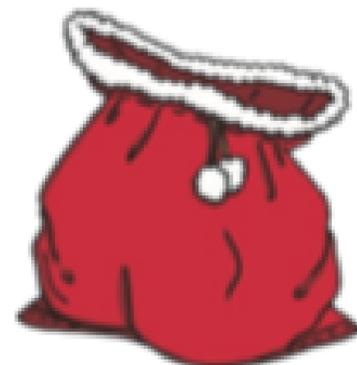


kick

twinkl.com



tick



sack

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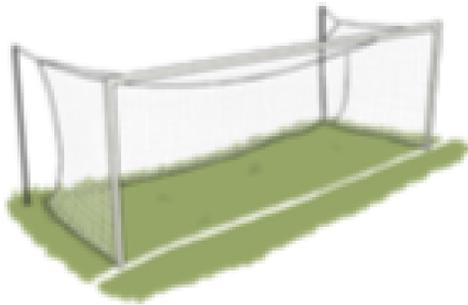


back

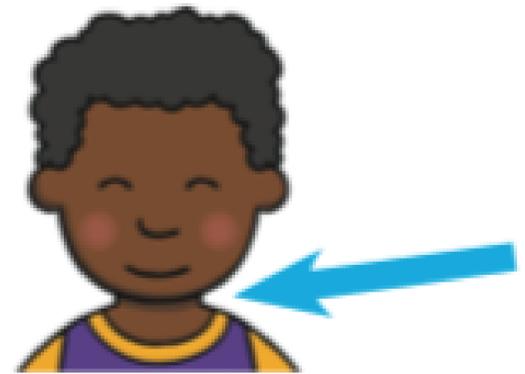


pet

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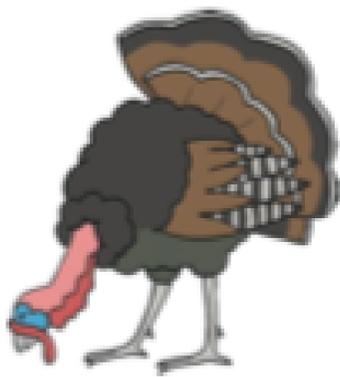


net

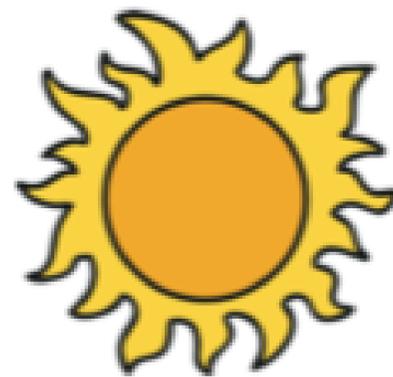


neck

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peck



sun

twinkl.com

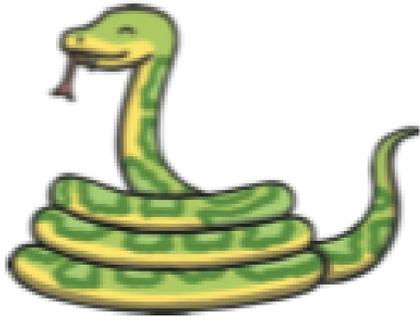


bun



miss

twinkl.com



hiss

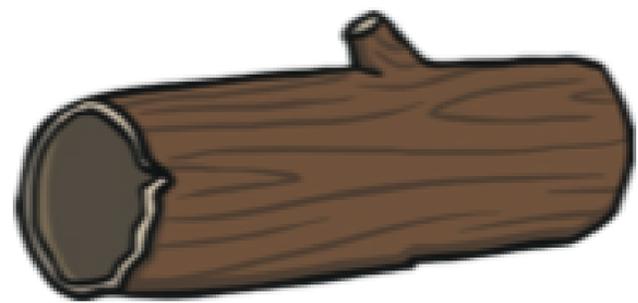


fill

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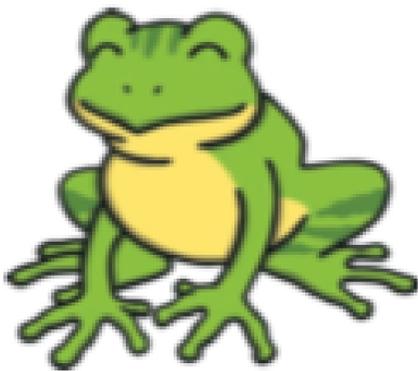


till



log

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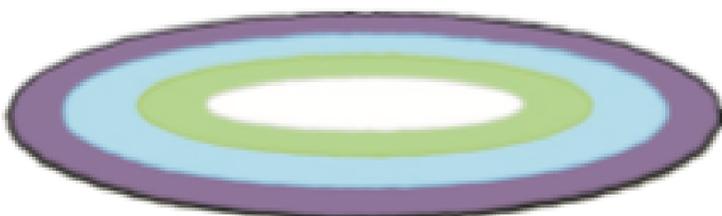


frog

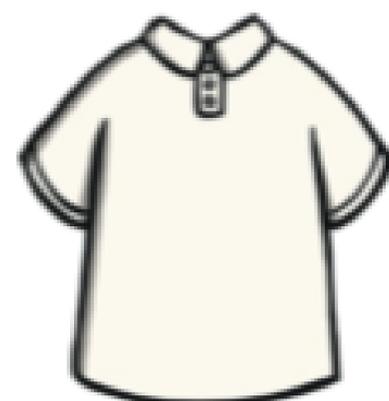


bug

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rug



top

twinkl.com

Speaking and listening: Draw a Monster!

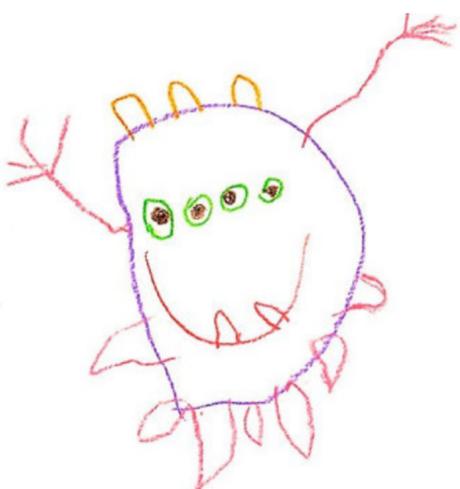
ASK your grown-up to describe a monster to you.

Can you draw what it looks like?

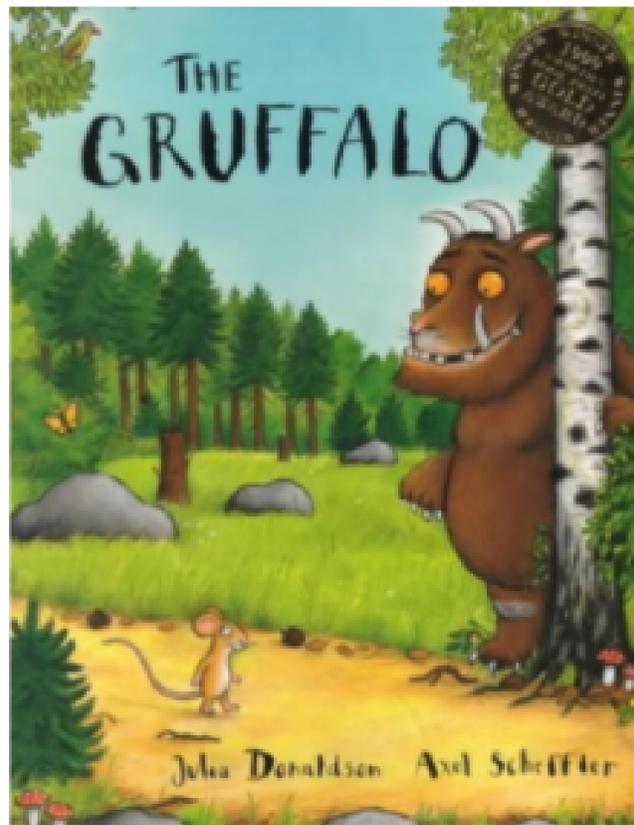
For example: "It has a round body, it has 5 long arms, it has a triangular face and 4 eyes!"

Can you label the monster?

You can also play this game over the phone with a friend, grandparent or cousin.



The Gruffalo



<https://www.youtube.com/watch?v=s8sUPpPc8Ws>

Use the link above to listen to the story: 'The Gruffalo' by Julia Donaldson.

Have a go at answering the following questions:

Where did the mouse take a stroll?

Where did the fox live?

How did the mouse describe the Gruffalo?

What did the mouse tell the fox his favourite food was?

Would you like to have lunch with a Gruffalo? Why?

Story Sequencing

Look at the pictures carefully.
Can you put them in the correct
order?

Remember to start with the
picture that shows how the
story begins.

