



RECEPTION

HOME LEARNING

18TH JANUARY - 22ND JANUARY

Remember what's important!

Be together

Play together

Talk together



# Counting Natural Objects

## You will need:

- a sheet of A3 paper or two sheets of A4 (attach both sheets using sellotape, masking tape or glue).
- a pen
- natural objects

## Instructions:

- number your sheet of paper, leaving a gap between each number.
- collect a selection of natural resources e.g. conkers, sticks, leaves, stones.
- place the object(s) next to the correct number.



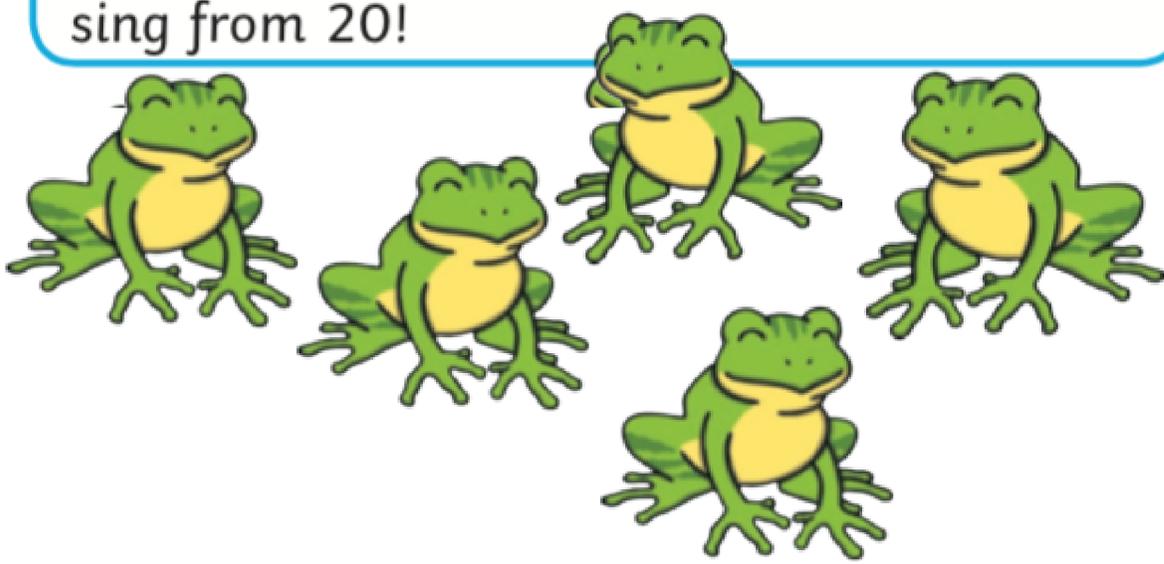
# One less

Draw a 0-20 number line on the floor outside using chalks. Stand on 0. Ask a grown-up to say a number and then jump to that number. Can you work out what is one less? Move to that number and say it out loud.

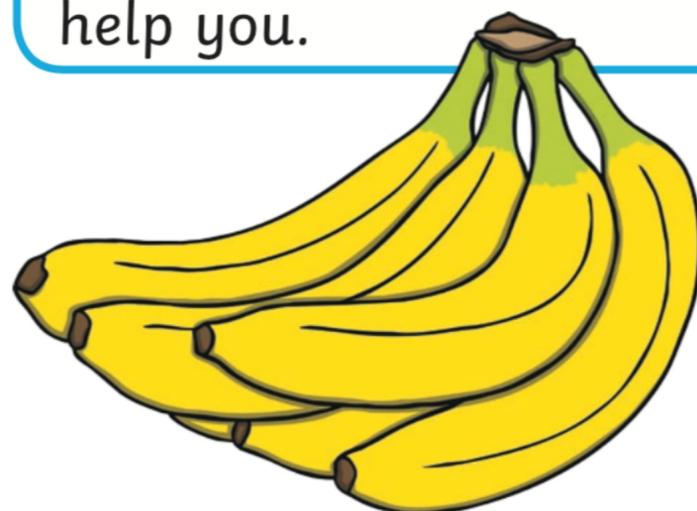
Collect some small objects, such as play people or building bricks. Ask a grown-up to count out some of the objects and say how many they have. Can you count out one less than that number?



There are lots of songs you can sing to help you remember one less than each number. You could sing '10 Green Bottles', '10 Little Men in a Flying Saucer' or '5 Little Speckled Frogs'. You could try changing the songs to sing from 20!

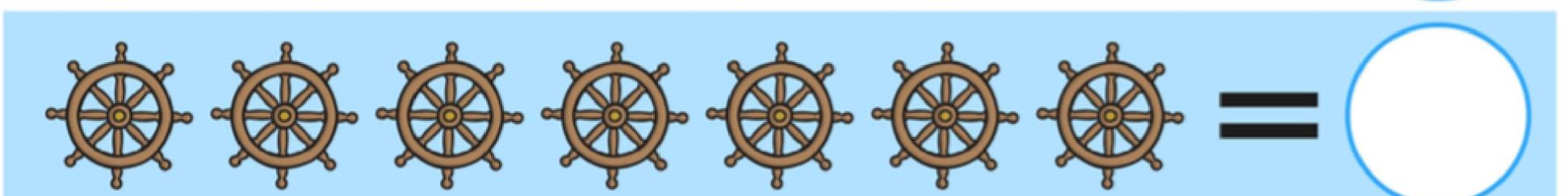
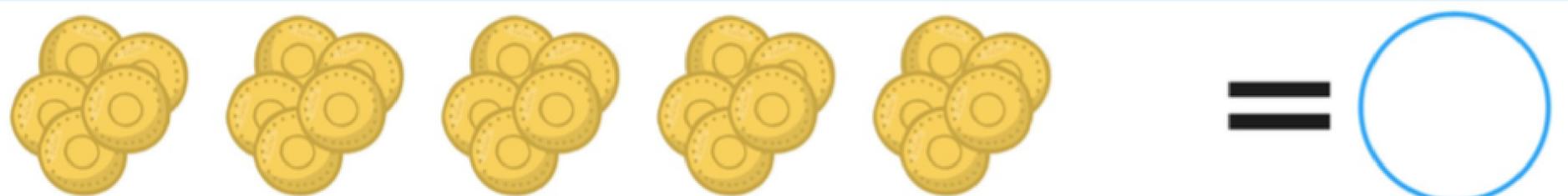
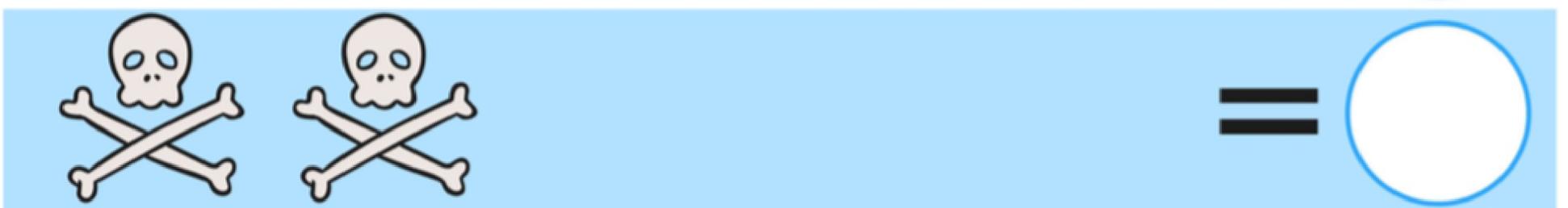
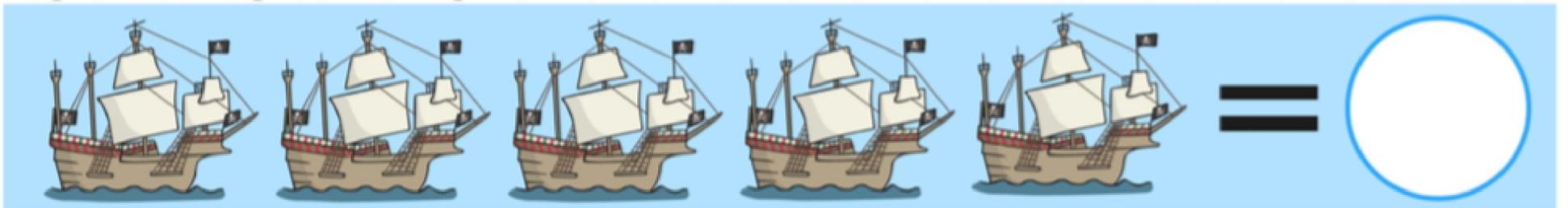
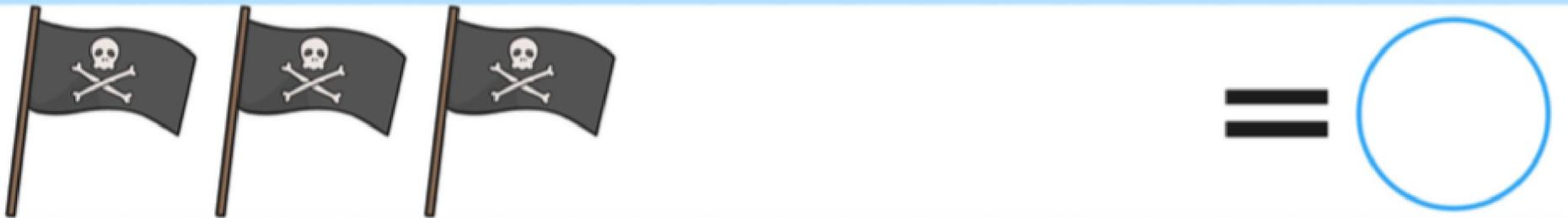


Greedy Gorilla has 10 bananas in a basket. His mummy says he can eat 1 banana. How many bananas are left? How many bananas would be left if Greedy Gorilla ate another banana? Try drawing some pictures to help you.



# One less Counting Activity

Count the objects. What is one less?



# Fun with numbers game: 'Don't roll a 6'

All you need is a dice, a different coloured counter (or something similar) for each player and the numbers 0-20 written on individual pieces of paper. First, position the numbers on the floor like a ladder.

Next, place the counters (or equivalent) on zero. Take turns to roll the dice and move your counter that many number of spaces up the ladder.

The aim is to be the first to reach 20 **BUT** if anyone lands on a 6, they have to go back to zero and start again.



# YOGA

## Tadasana

Mountain pose

Step 1 Stand tall, with your toes touching and feet slightly apart. If it is more comfortable, you may keep your feet a few inches apart.

Step 2 Press your shoulders back, and straighten your arms beside your torso.

Step 3 Breathe deeply, and hold this pose for 5 deep breaths, or as long as you are comfortable.



## Childs Pose

Step 1 Kneel on the floor, touching your big toes together.

Step 2 Sit back on your heels, and separate your knees hip-width apart.

Step 3 Slowly bring your head down, and rest it on the floor in front of you.

Step 4 Rest your hands comfortably by your side.

Step 5 Relax and breathe. You can stay in this pose as long as you would like.



## Virabhadrasana

Step 1 Begin in Mountain Pose

Step 2 Step your feet wide apart and stretch your arms out to either side, palms facing down.

Step 3 Turn one foot, so it is pointing to the side, then bend your knee on that leg.

Step 4 Look beyond your fingertips for a 5 deep breaths.

Step 5 Straighten your front leg, then turn your toes back to facing forward.

Step 6 Now switch to your opposite side!



## Marjaryasana

Step 1 Begin in Table Pose.

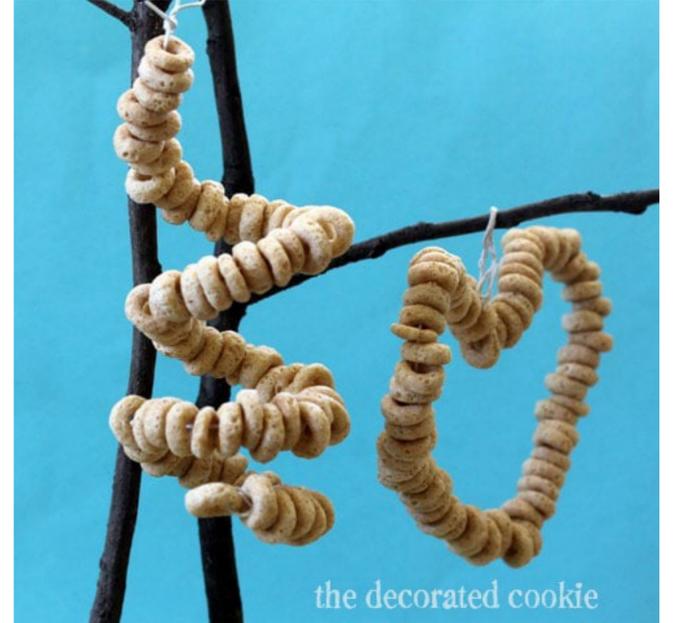
Step 2 Round your back towards the ceiling and look at your belly.

Step 3 Follow with Cow Pose for a gentle yoga flow.



# BRAIN BREAK

# Cheerio Bird Feeder



## You will need:

- Cheerios
- Pipe Cleaners
- String

## Instructions:

1. Thread the Pipe Cleaner through the Cheerios. Leave a little space at each end so you have enough room to twist both ends together.
2. Carefully bend your pipe cleaner into your desired shape.
3. Connect the ends by twisting them together.
4. Attach a piece of string to the top and find a nice spot to hang it outside.

# Nature Paintbrushes

Go in your garden or visit the park with your grown up and gather some nature resources to create a paintbrush.

Can you paint a picture using it?



## Whatever the weather....

If it is windy: Make your own wind anemometer!



An anemometer is a device used for measuring wind speed and direction

<https://theresjustonemommy.com/make-your-own-wind-anemometer/>

Use the link above to help make the anemometer. Test it at different times of the day. **What time is the windiest?**

# Cooking together

Here are some weblinks to simple but delicious recipes that you can try at home:



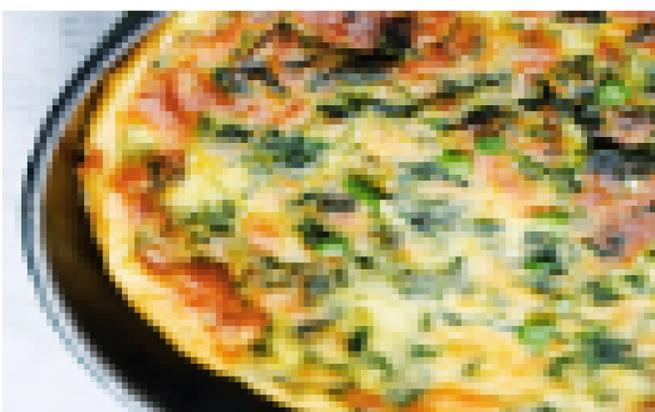
Banana Oat Cookies

<https://www.healthylittlefoodies.com/banana-oat-cookies/>



Green Frittata Muffins

<https://realfood.tesco.com/recipes/green-frittata-muffins.html>



Vegetable Omelette

<https://www.goodtoknow.co.uk/recipes/baked-vegetable-omelette>

# Physical Development



Joe Wicks the body Coach:

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=d3LPrh10v-w)

[v=d3LPrh10v-w](https://www.youtube.com/watch?v=d3LPrh10v-w)

NHS Disney Shake Up

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

Mindfulness and fitness:

<https://www.jumpstartjonny.co.uk/free-stuff>

# Time to experiment...

## Can you make a lemon sink?

**Make a prediction:** Do you think a lemon will sink or float in water?

Try it out...



Was your prediction correct?

Why does a lemon float?

Use the link below to find out!

<https://www.science-sparks.com/how-can-you-make-a-lemon-sink/>

ASK your grown-up to chop the lemon up into small pieces.

**Make a prediction:** Do you think the lemon will now sink or float?

Can they predict which other fruits will sink and which will float and test them?



# Paper Cup Telephone

You will need:

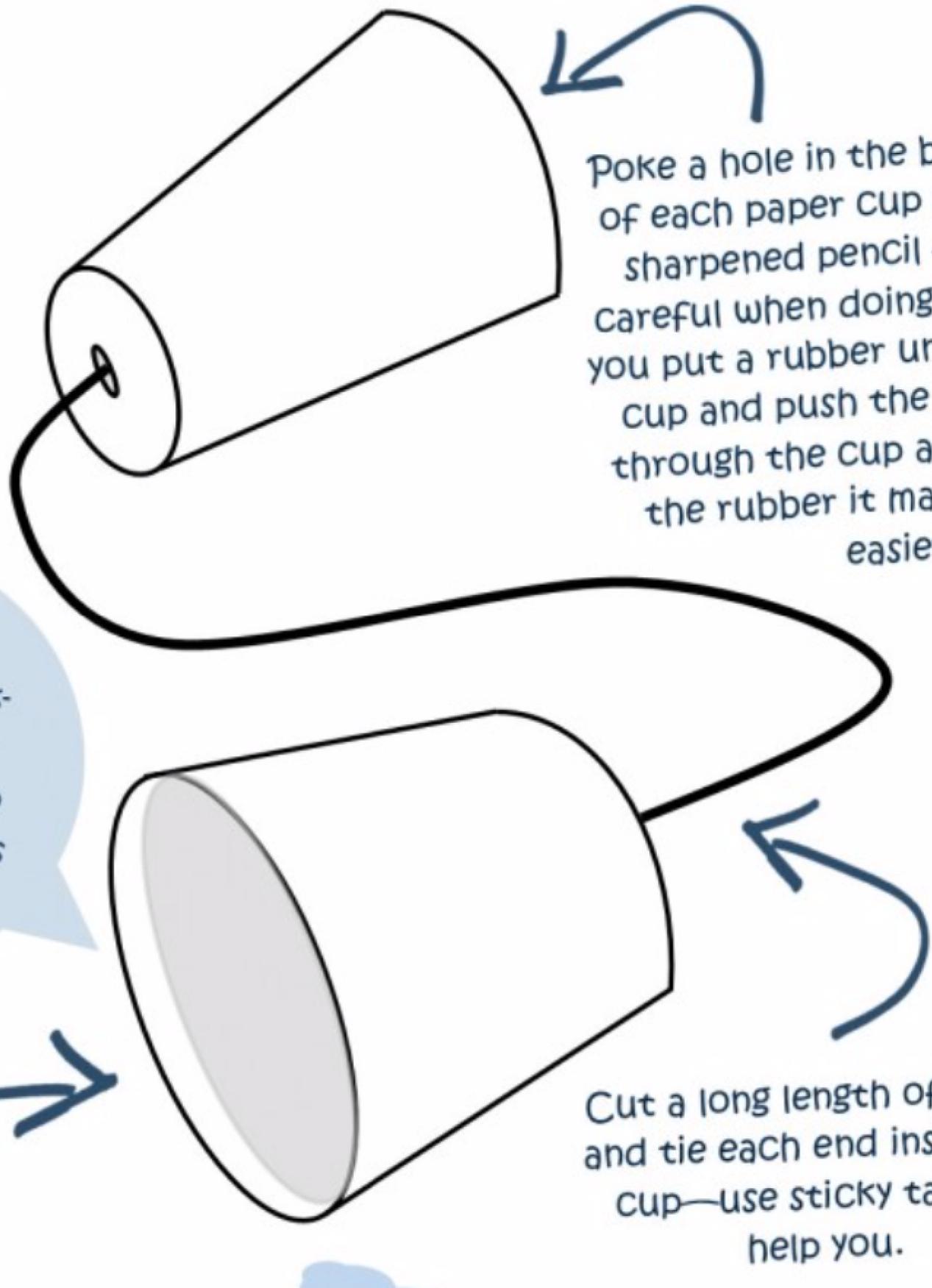
2 paper cups

String

Sharp Pencil

Sticky tape

Scissors



Poke a hole in the bottom of each paper cup with a sharpened pencil — be careful when doing this, if you put a rubber under the cup and push the pencil through the cup and into the rubber it makes it easier!

Cut a long length of string and tie each end inside the cup—use sticky tape to help you.

*Top Tip ...  
When you're speaking to each other make sure you keep the string as tight as possible.*

**Science Bit - Sound Waves!**  
The sound travels along the string as vibrations, these are amplified when they reach the cup, so you can hear them!

**Don't have paper cups?**  
You can use empty tin cans! Wash them out and ask a grown-up to punch holes in the bottom, using a hammer and nail.

# Super SKittles



What do I need?

- 1 small plastic bowl or plate (white)
- SKittles
- Water

What do I do?

1. Arrange the SKittles into your bowl or plate.
2. Slowly pour some water into the plate or bowl until the SKittles are just covered.
3. Watch and enjoy!

Experiment with different water temperatures. Does it makes a difference?

Repeat the experiment using a different arrangement of SKittles. How many different patterns you can make?



# Super SKittles



## Top tips:

- Use a white container so that you can see the full effect of the colours.
- Be careful not to move your container once the water has been added otherwise the pattern created will be spoilt.



# Phonics

## W

is the sound at the beginning of:

**wet wag win well**

Have a go at reading and writing these words!

Can you read:

**If I run fast I will win!**

**I went in the pond and got wet!**

## X

is the sound at the end of:

**fox box pox fix mix six**

Try reading and writing these words too!

Here are 2 sentences to read:

**I can mix it up.**

**The big red fox ran up the hill.**

**Let's play a full circle game**  
You will need these letter cards:

**h t g b r a u**

**Read each word by blending the sounds**

Make the word **hut**

Change one letter to make **hug**

Change one letter to make **rug**

Change one letter to make **bug**

Change one letter to make **bag**

Change one letter to make **bat**

Change one letter to make **hat**

Change one letter to make **hut**

**You have come full circle!**

**Choose one of your favourite books.**

Look for words beginning with **p**

Look for words beginning with **m**

Look for words beginning with **s**

Look for words beginning with **d**

**Ask your grown up to read the words if they are too difficult to read by yourself! Repeat the words each time.**

**Choose some other letters and another book!**

Can you find these words in your book?

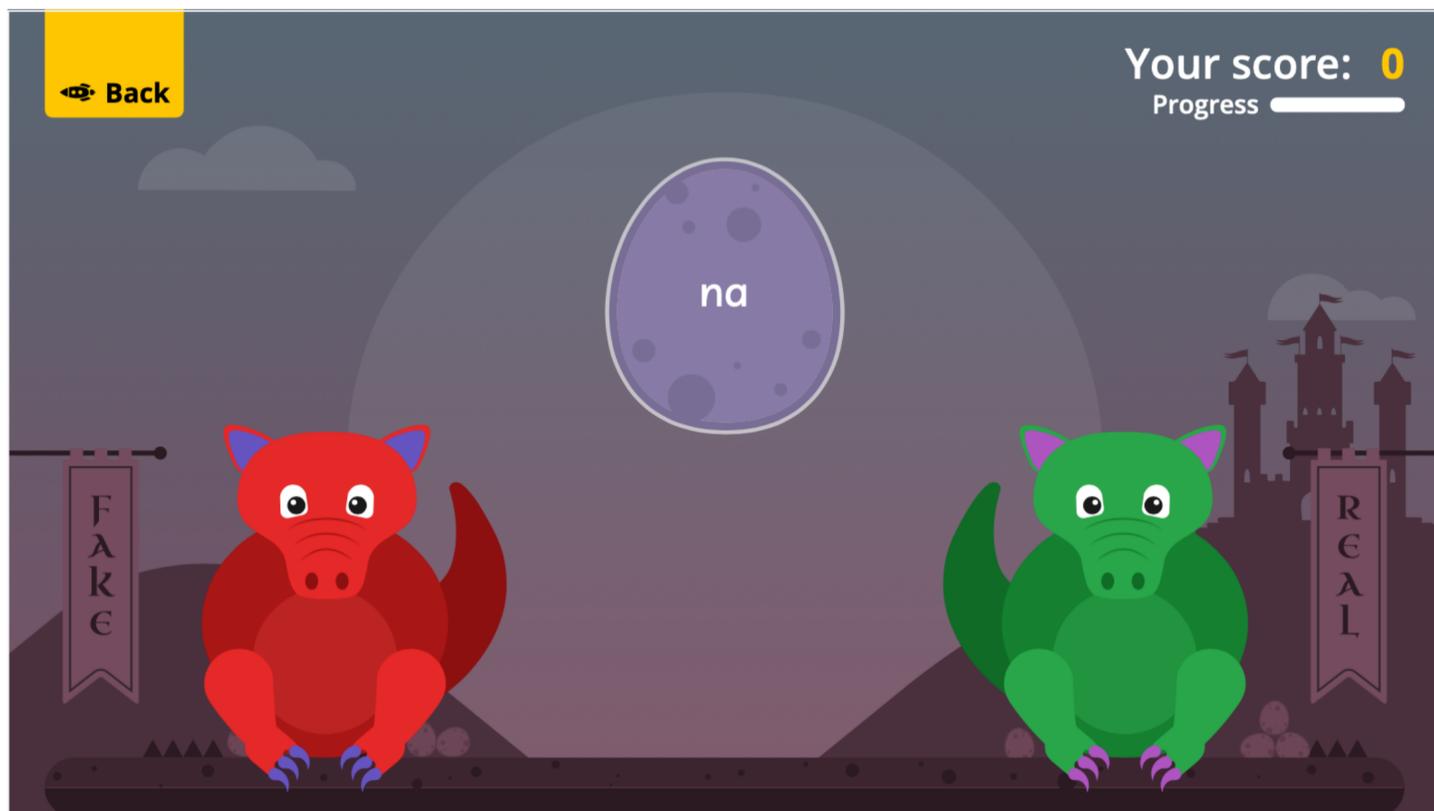
**I a the go to no he me**

# Phonics



Write letters on bottle tops and see what words you can make. Use your phonic knowledge!

Can you make a two-letter word?  
How about a three-letter word?  
Can you form words that contain the word 'at'?  
E.g. mat, pat, cat



These two dragons have got their eggs mixed up. It is making them so sad that they can't breathe fire anymore.

Can you help them to find their eggs?

What to do:

Drag each egg to the right dragon to get them breathing fire again. The green dragon's eggs have real words on them. However, the red dragon's eggs have made up words on them.

Before starting the game, select 'Phase 2' and then choose the specific sets of letters you want to practise. Alternatively, you could choose a general mixture of words from each phase for revision or enter your own words.

# Literacy

Watch the video of Tessa reading the story 'Alexander and his Smile'. You may need to watch it more than once to answer the questions!

Alexander goes off on a journey to find his smile! What can you remember about his journey?

- Where does Alexander look first? What animal does he find there?
- Where does Alexander look next? How many birds were 'chirping and calling'?
- How does Augustus know that his smile has come back?
- How many different kinds of weather are there in the story?

**If the sun comes out.....**

- See if you can make different shadowy shapes, like Alexander. What does your shadow look like?

**If it has been raining.....**

- Find a puddle and have a look at your reflection. Are you smiling? Have fun splashing and splashing if you've got your wellies on!

**If it has been frosty.....**

- Look for frozen puddles, frosty leaves and twigs. Break up some ice and look through it.

**Let's do a tiger work out!**  
**Can you move like Alexander?**

1. Do a HUGE tigery **stretch**
2. **Creep** slowly along the ground
3. **Climb** up to the top of the tallest tree?
4. **Swim** to the bottom of the ocean
5. **Dance** and **race** in the rain
6. **Hop**
7. **Skip**
8. **Jump**

Finish by doing another HUGE tigery stretch and relax.

**CHALLENGE:** Do your tiger work out every day this week! Perhaps your family could join in!

Clap this rain rhythm from the story:

**Pitter Patter Pitter Patter  
Drip Drop Plop.**

Here are some more rhythms from the story to clap and chant:

1. **Tiny Shiny Fish (repeat 5 times)**
2. **Shadow Shapes In The Sun (repeat 5 times)**
3. **Huge Silver Blue Puddle (repeat 5 times)**

How many 'claps' (beats/syllables) are in **Augustus**?

# Literacy

## Finding out about tigers

Augustus is a Siberian tiger: they live in Southern Russia and Northern China.

- Can you find out where these places are in the world?
- What do tigers like to eat?
- How many legs do they have?
- What are their babies called?
- How fast can they run?
- Why are tigers in danger?

If you are interested in tigers, maybe you could make a little information book about them.

## What makes us happy?

Augustus feels sad and loses his smile, but when he starts to look for it he finds lots of fun things to do that make him feel happy again!

- If you are feeling sad.....  
Talk to a grown up or a friend about how you are feeling. Can you say what has made you feel sad?
- What makes you feel happy?
- Draw some pictures of all the things and activities that make you feel happy!

## Stripy Tiger patterns

- Can you draw a stripy tiger using just **orange** and **black** for the stripes?
- Make some more stripy patterns with 2 colours. For example: **red blue red blue red blue.**  
**Red blue blue**  
**red blue blue**
- Can you make a repeating pattern with 3 colours?

## Tiger facts: reading and writing

Can you read these sentences?

**A tiger has 4 legs.**

**A tiger is a big cat.**

**A tiger can swim.**

**Tigers can run fast.**

Have a go at writing these sentences.

Then try and write your own tiger sentence!

# Literacy

Mixed up Tiger sentences. Cut up the words and see if you can put them in the right order.  
Stick the words down on paper to make your sentences (leave a space between each word!)

TIP: Cut up one sentence strip at a time! Otherwise you might get in a muddle.

tiger	A	is	big	cat.	a
-------	---	----	-----	------	---

legs.	has	A	tiger	4
-------	-----	---	-------	---

run	can	Tigers	fast.
-----	-----	--------	-------

The	is	tiger	sad.	
He	lost	has	smile.	his