

Reception
Bounds Green

Week 6
December 2020

RECEPTION MATHS HOME LEARNING

Remember what's important!

Be together

Play together

Talk together

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Maths

Numbers

Counting from 1 to 20

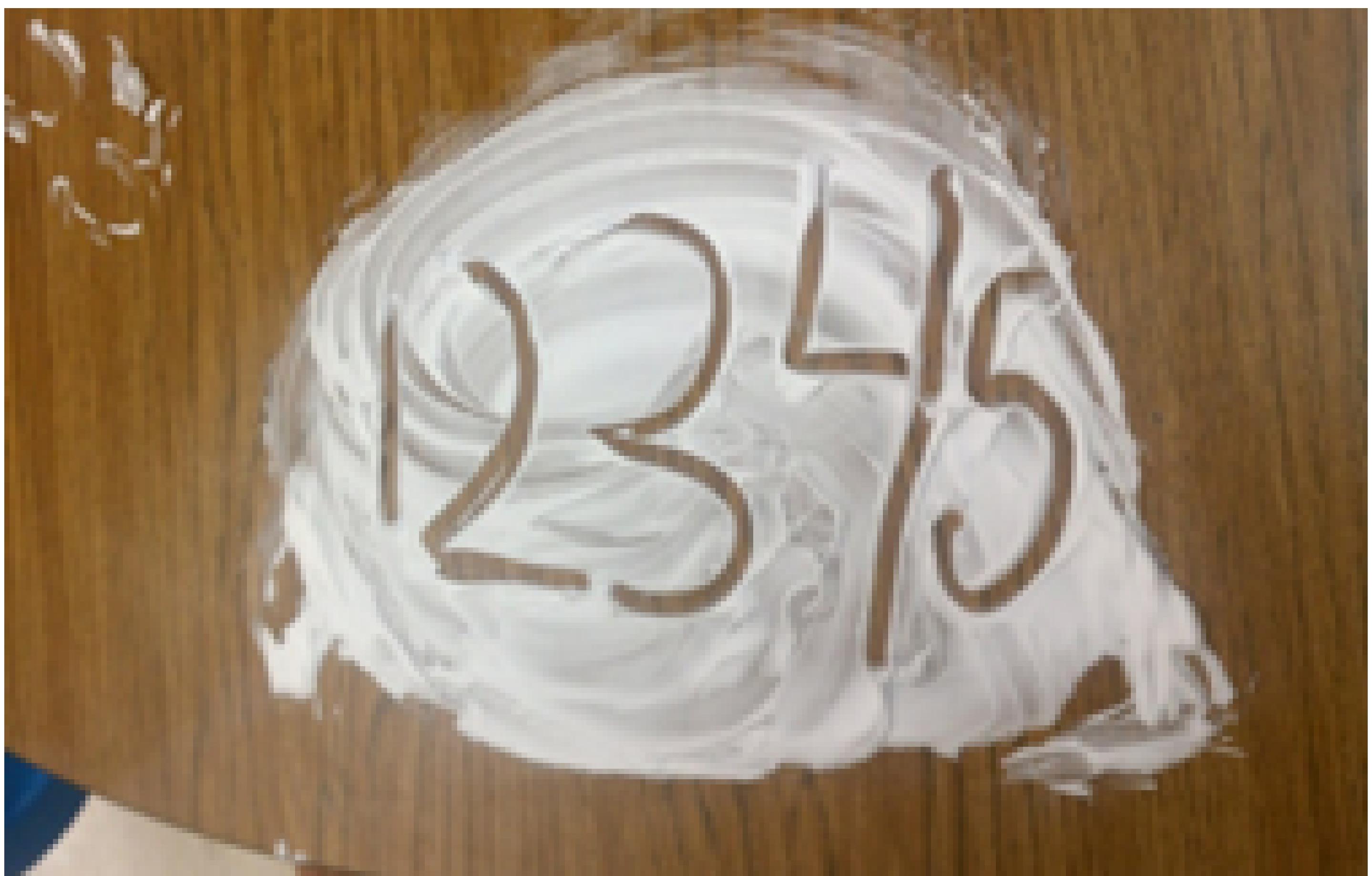
Go on a number hunt around the house.

What numbers can you see/find?

Name the number

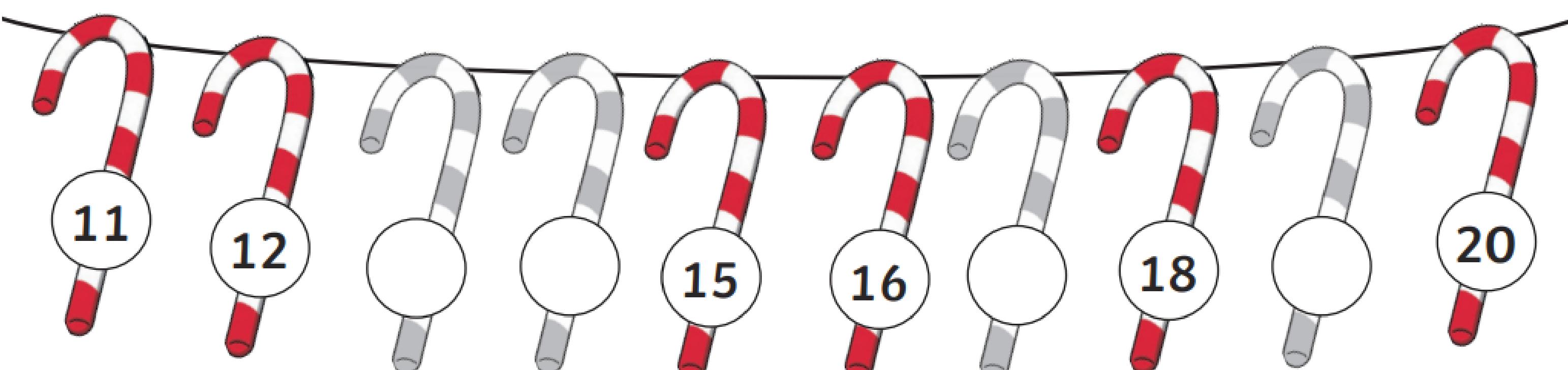
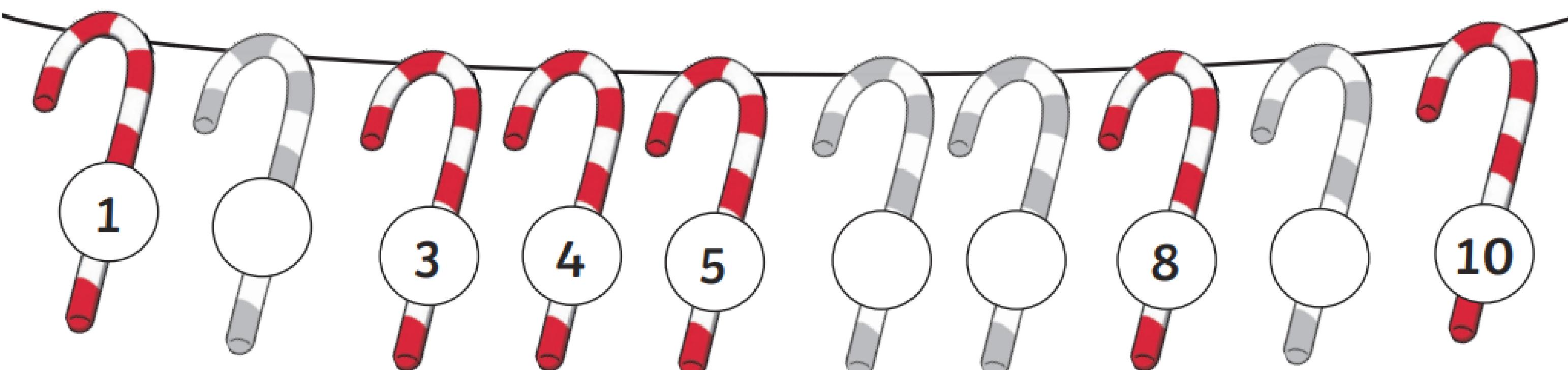
Make a number snap game by writing 2 sets of numbers on paper or card.

Recording numbers from 1 to 20. Use crayons, felt tip pens, chalk etc. Have a go at painting numbers, writing in foam.



Maths

Can you draw your own candy canes and fill in the missing numbers?

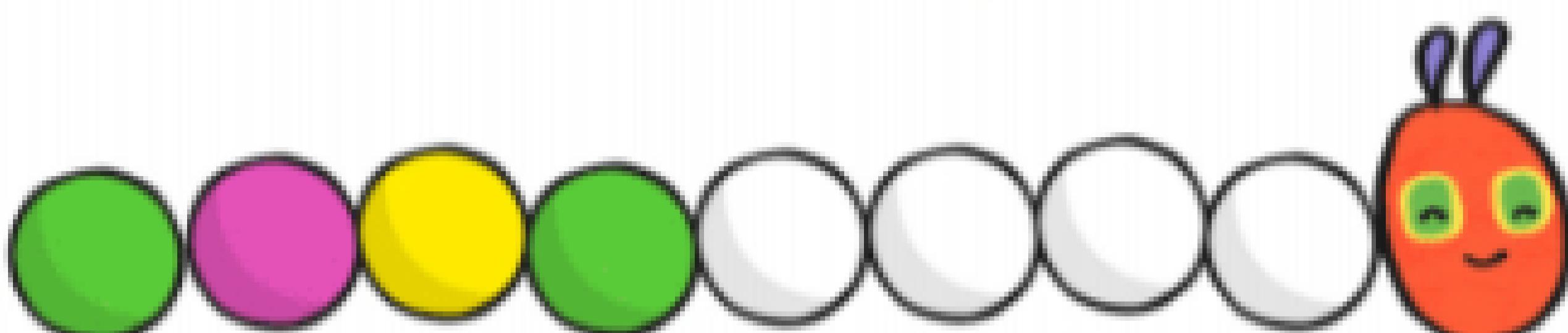
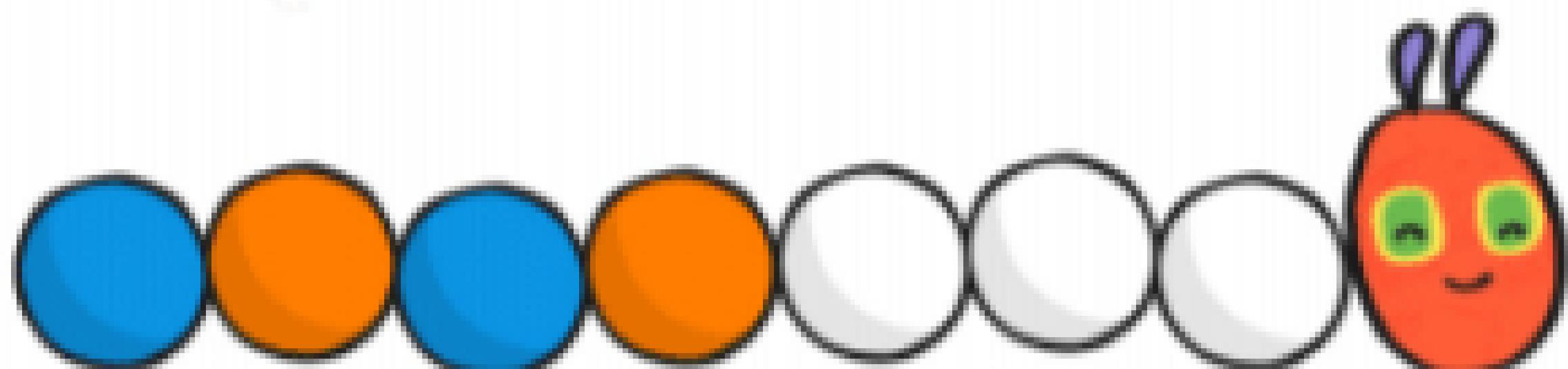
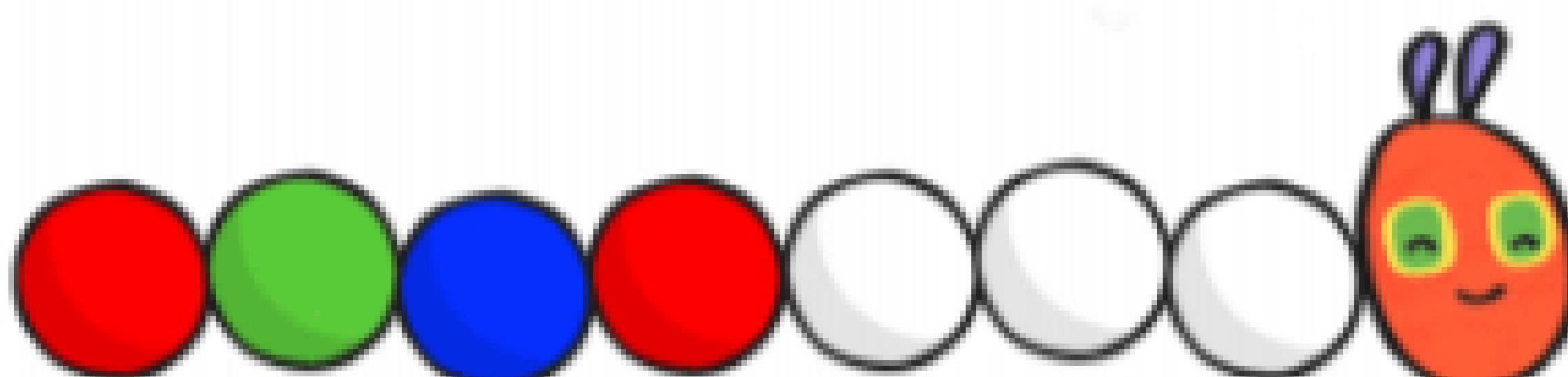
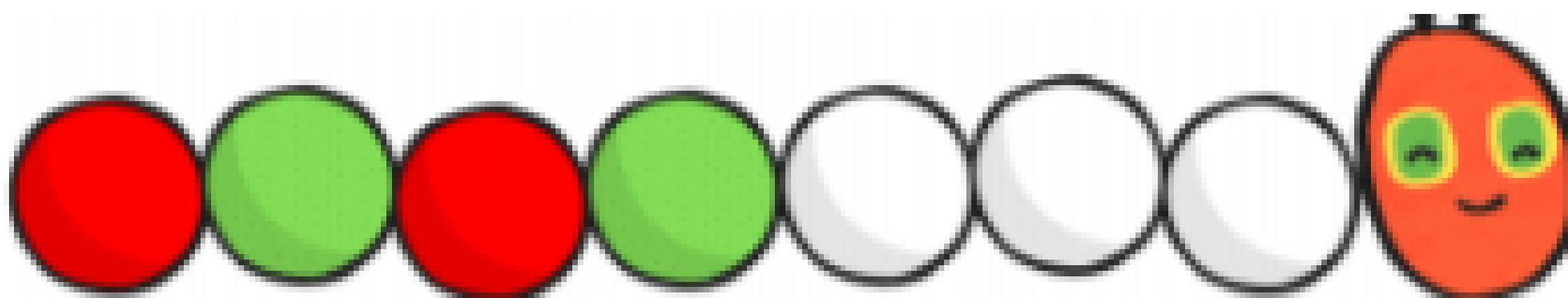


Can you draw your own stars and fill in the missing numbers?



Maths

Continue the pattern below, draw the caterpillars
below and fill in the colours following the pattern



YOGA

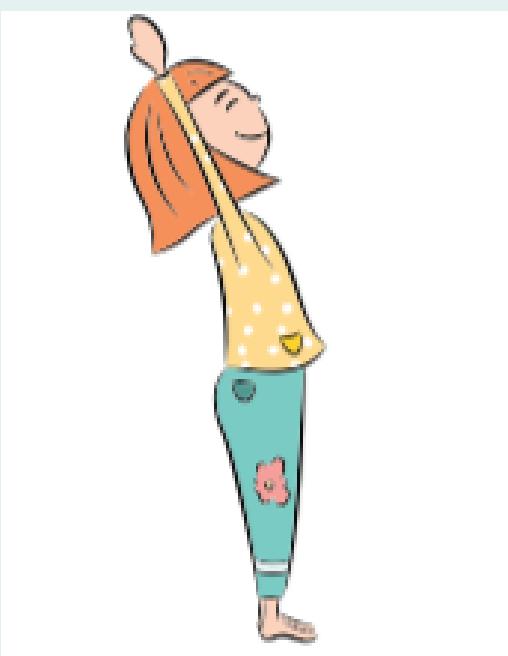
Tadasana

Mountain pose

Step 1 Stand tall, with your toes touching and feet slightly apart. If it is more comfortable, you may keep your feet a few inches apart.

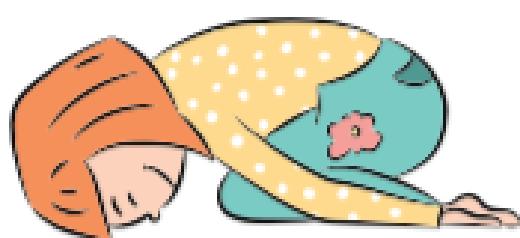
Step 2 Press your shoulders back, and straighten your arms beside your torso.

Step 3 Breathe deeply, and hold this pose for 5 deep breaths, or as long as you are comfortable.



Childs Pose

Step 1 Kneel on the floor, touching your big toes together.



Step 2 Sit back on your heels, and separate your knees hip-width apart.

Step 3 Slowly bring your head down, and rest it on the floor in front of you.

Step 4 Rest your hands comfortably by your side.

Step 5 Relax and breathe. You can stay in this pose as long as you would like.

YOGA

Turn off your machines

Find somewhere quiet, this could be in the afternoon sunshine in the back garden, on the balcony, in your bedroom

You only need yourself

Virabhadrasana

Step 1 Begin in Mountain Pose

Step 2 Step your feet wide apart and stretch your arms out to either side, palms facing down.

Step 3 Turn one foot, so it is pointing to the side, then bend your knee on that leg.



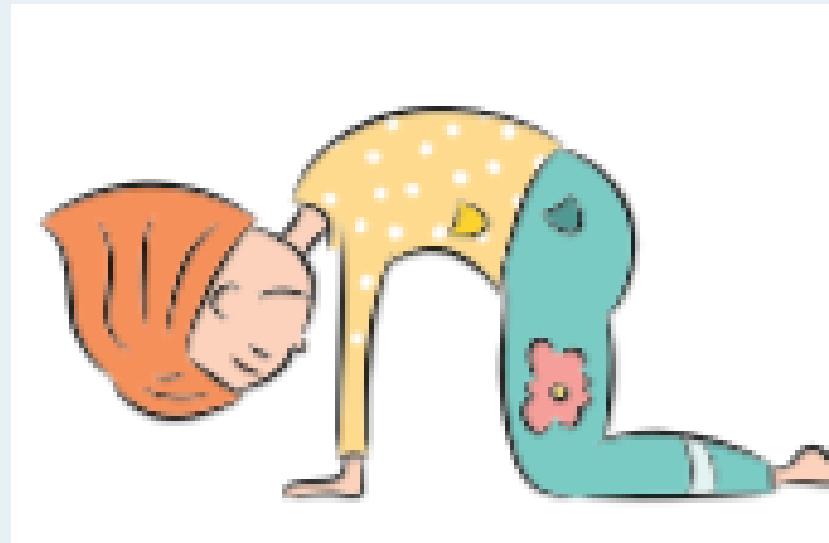
Step 4 Look beyond your fingertips for a 5 deep breaths.

Step 5 Straighten your front leg, then turn your toes back to facing forward.

Step 6 Now switch to your opposite side!

Marjaryasana

Step 1 Begin in Table Pose.



Step 2 Round your back towards the ceiling and look at your belly.

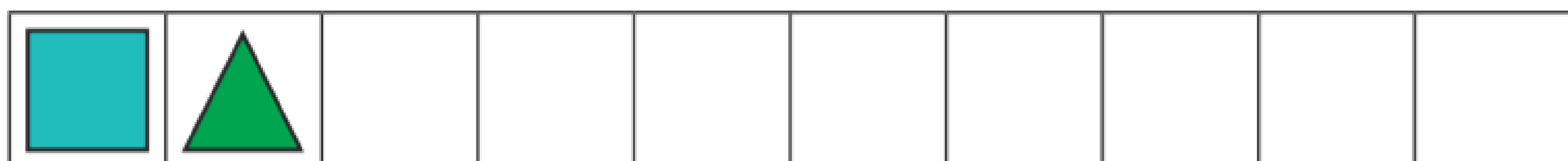
Step 3 Follow with Cow Pose for a gentle yoga flow.

BRAIN BREAK

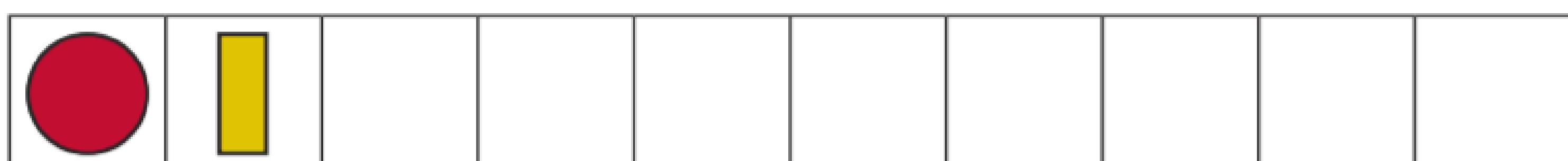
Maths

Continue the pattern below, draw the shapes below and continue the shape and colour pattern.

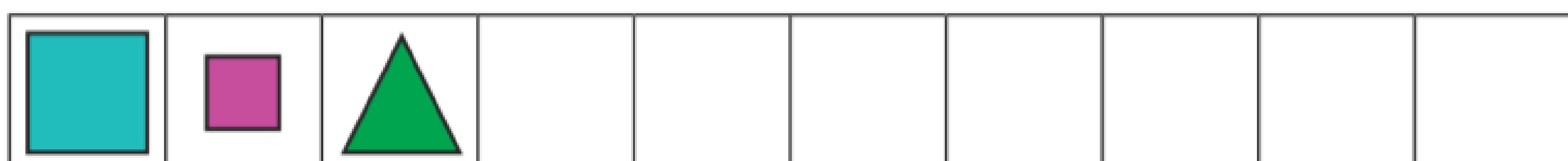
1.



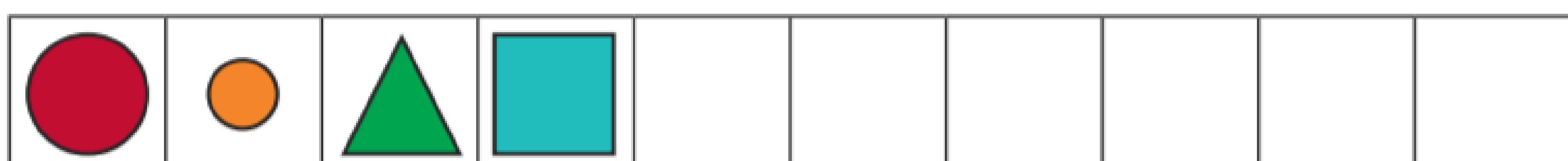
2.



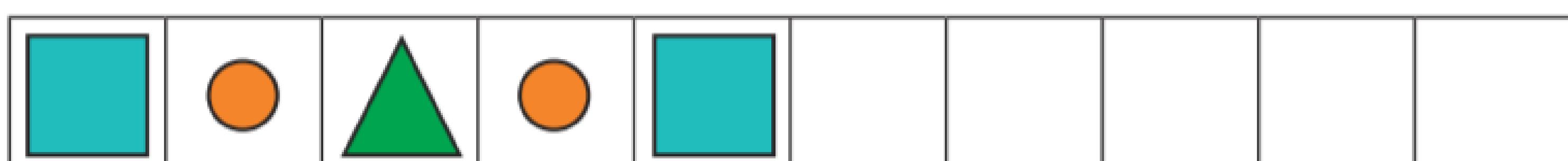
3.



4.



5.



House Hunt

Can you find the items below?

How many can you find?

Write the number in the box



Sunglasses



Laundry Basket



Ball



Hat



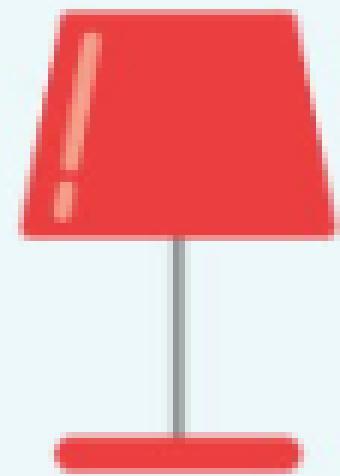
Picture Frame



Keys



Shoes



Lamp



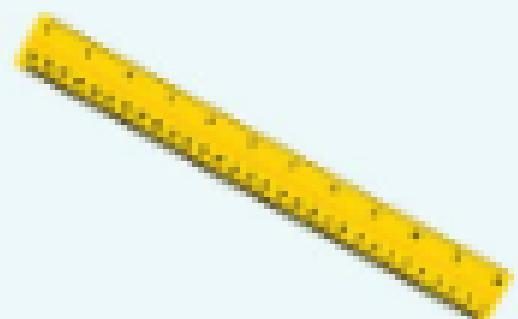
Box of Tissues



Plant



Clock



Ruler



Toothbrush



Window



Television



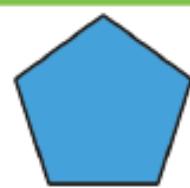
Apple

Shape House Hunt

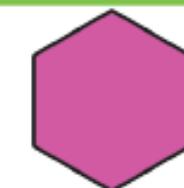
Can you find the items below that have the same shape in your house?

Can you draw what you see?

pentagon



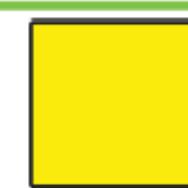
hexagon



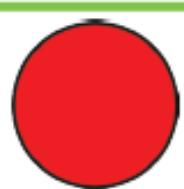
triangle



square



circle



rectangle



Maths Websites

Top Marks Maths Games:

<https://www.topmarks.co.uk/mathsgames/3-5-years/counting>

Watch Number Blocks YouTube Channel:

<https://www.youtube.com/channel/UCPlwvN0w4qFSP1FIIALB92w>

Cbeebies Maths Games:

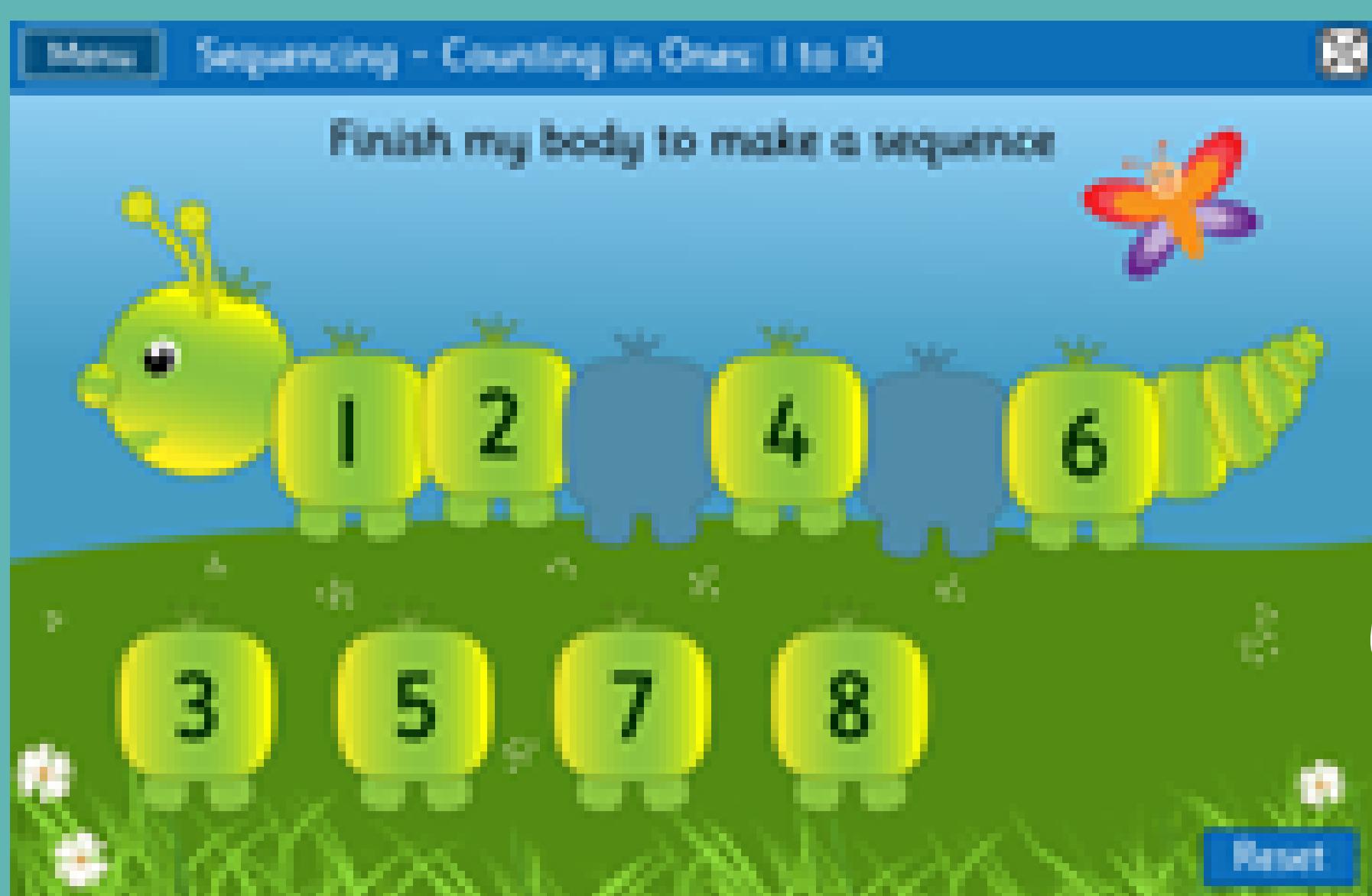
<https://www.bbc.co.uk/cbeebies/topics/numeracy>

Use the website below to have a go at ordering and sequencing numbers.

Can you find 1 more or 1 less than a given number?

Can you recognise a missing number in a sequence?

<https://www.topmarks.co.uk/ordering-and-sequencing/caterpillar-ordering>



Reception Bounds Green

Looking forward to
seeing you soon

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